

# **Port Wakefield Community Newsletter**

Wednesday June 29th, 2022 Circulation 450

This is a Publication of the Port Wakefield Community Newsletter Inc. Email: p.w.news@hotmail.com Published fortnightly



# **COMMUNITY CALENDAR**

Monday

CFS Cadets (fortnightly) CFS Training

5.00pm - 6.00pm 6.00pm - 8.30pm

Closed

10.15am-1pm

10am-1pm

9.30am

11am-2pm 10am-11am

Tuesday Men's Shed Dr Nyoni SA Ambulance Training **7.30pm-9.30pm** Library

Wednesday Community Bus (pension week)

Thursday Cards & Games (in recess) Transfer Station Open

Saturday UC Op-Shop Transfer Station Open

9.30-11.30am 10am-12pm

12pm-1.30pm

9am-10am

Sunday Library Courthouse Museum (2nd Sun each month)

11:30am-2:30pm

Transfer Station Open

Catholic Mass

Uniting Church (UC) Service

10.30am

9am

Bin Days Yellow Recycling Bin – Thursday June 30th

# **Clementina Corner**

The Port Wakefield CMC members have decided to look at other opportunities for this building. As a committee we will be working through items to return to the owners and will be discussing future uses for the building in our upcoming meetings.

Please contact Aliesha on 0413888096 if you have items still on consignment to arrange pick up.



Thought for the day The best time to plant a tree was 20 years ago. The second best time is now. -Chinese proverb

## --Please Note-

Next Issue: Wednesday July 13th, 2022.

News Items to be submitted by email or to the Newsletter box in the Post Office by Monday July 11th

Sports Results to be emailed by 9am Tuesday July 12th

Info Phone: Monica 0438 860 285

## Australia's Biggest Morning Tea June 14th

The Biggest Morning Tea for Cancer in the Soldiers Memorial Hall was not well attended this year, as unfortunately the weather was terrible.

Those who braved the elements were greeted by Aliesha Luppino, who organised and prepared the event on behalf of the Community Management Committee and did an amazing job. The tables were covered and decorated, urns were ready for tea and coffee, and the food was delicious, with sausage rolls, jelly cakes, and other treats made by Dianne Simpson.

Well done to Aliesha and all who contributed, to all the lovely ladies who joined in, and all who donated who couldn't attend that morning. Every little bit counts, and a total of \$215.00 was raised for the Cancer Council.



**Community Bus** 

Dates for Community Bus to

Balaklava- Weds July 6th

Pickup at 9:30am, Depart Balaklava at 1:00pm

Contact Helen on 0407 671 141 to book a seat

# In the Garden 2022 No. 11

Well, we certainly know it is Winter. All this cold, wind and rain will slow the growth of your plants, but a few days of sunny weather will set them off and get them growing again. So if you were wondering why your garden doesn't seem to be growing, that is the reason.

What we can do is be sure our plants are watered, keep feeding them and ensure they have mulch to keep them happy. Even though it has rained, it is often surprising how dry pot plants and the ground can be so check them out.

Planting Vegies now; Asparagus Crowns, Endive, Peas, Beetroot, Spinach, Lettuce, Cabbage.

Flowers now; Roses, Pansies, Violas, Stock, Poppies, Cineraria, Calendula.

Cheers, Wendy Garvie



We're looking for volunteers to come lend a hand at the Courthouse Museum on Sunday 10<sup>th</sup> July 2022 from 11.30am.

Sausage Sizzle for the workers.







## Port Wakefield CFS Family Night

On June 6th, Port Wakefield CFS held a Family Night BBQ to say goodbye to a number of departing members and thank them for their service.

Senior Firefighter Paul King was also awarded the National Medal for his 15 years of volunteer firefighting. Congratulations, Paul!



Paul King (L) and Acting Regional Commander Garth Hogarth



Phil Kevern (L) receives a retirement gift from Senior Firefighter Nick Marcks



Captain Warren Miller farewells Ryan Sulcas (R)



Retiring Group Officer Syd Martin

Photos by Nerissa Harris



NEXT PW COMMUNITY MANAGEMENT COMMITTEE MEETING

Tuesday 12<sup>th</sup> July 2022, 6.30pm Held at the Soldiers Memorial Hall

# WORK WANTED

- Unskilled labour
- Gardening
- Housekeeping
- General duties
- Yard cleaning
- Heavy lifting
- Anything!

\$20 an hour or \$17.50 for pensioners.

Phone Tumai anytime on 0457 126 837

# **Biggest Morning Tea**

Thank you, Dianne and friends, for a lovely morning. We nine girls who attended enjoyed a lovely morning tea, a great variety of eats which were delish, and tea and coffee piping hot.

A good chat and many laughs.

Where were you, Wakey-ites? Cancer affects most families one way or another.

- Marg



# Port Wakefield Primary School News

#### Shout outs

A big shout out to Megan who has won the school a \$5000 grant to support us getting an artist in to work with the students to paint the toilet doors with positive slogans.

A big shout out to Kevin from the Mushroom farm for the delivery of compost to the school. Thank you very much for it, I know it will get put to good use.

A big shout out to all the families of the school for supporting the SRC lunches on a Friday. The SRC have raised an amazing amount of money so far this year when you take into consideration how many students we currently have attending the school.

Results from the garden!



## **Quiz Questions**

- 1- In Greek mythology, who was the wife of Zeus?
- 2- Scurvy is caused by a deficiency in which vitamin?
- 3- Cherry, plum and grape are all varieties of which fruit?
- 4- What nationality was Joan of Arc?
- 5- Before becoming the Foo Fighters frontman, Dave Grohl was the drummer for which band?

# LET'S GLOW!

# 5 At Home Solutions For Improving Skin Texture...

If you ask the average person what they don't like about their skin, they're sure to come up with a laundry list of complaints - and, chances are, one of the top contenders is uneven skin texture. This is really silly, according to dermatologists, mainly because "normal" skin texture does not exist in the first place. In fact, it is perfectly normal to have skin texture that is not completely smooth.

Yep - we're led to believe that healthy skin should be super smooth like a baby's bottom, but the reality is anything but. Normal skin is very different from the images you are seeing on social media - it's imperfectly perfect with pores, wrinkles, blemishes, and pigmentation.

How to improve skin texture at home can be simple....

# Always apply sunscreen

This rule of thumb cannot be overstated. In fact, sunscreen is the single most important skincare product you can apply on your face - not only for protection against skin cancer but also as an aging prevention tool.

#### Exfoliate regularly

Exfoliating, either chemically or physically, can help improve skin texture by helping to eliminate dead skin cells that build up on the surface and minimize the overall appearance of pores.

#### Apply Retinol

Considered the topical gold standard for anti-aging, retinol can be quite useful when it comes to improving skin texture. Retinoids not only help prevent acne breakouts by helping to regulate skin cell turnover, but they also work to boost collagen production, which can tighten the skin and improve the appearance of fine lines and wrinkles.

#### Try vitamin C products

Vitamin C products are all the rage these days - and for good reason. Vitamin C is a powerful antioxidant that helps neutralize skin-damaging free radicals that lurk in our environment and lead to uneven texture, brown spots, and premature aging.

#### Use Niacinamide

Niacinamide, or vitamin B3, is a great multi-tasking ingredient that has multiple benefits for the skin, including calming and soothing properties. Additionally, it serves as an antioxidant and can help with discoloration and evening out the skin tone.

#### Keep On Glowing!

Jaine Collins-Dodd





Members \$5.00 - Kids FREE Non-Members \$50.00 (or join on the day and pay the member's price!)

# AGM STARTS 12:30PM

**RSVP - 9 JULY 2022** 



# Yesterday's News

The Areas' Express July 21st 1883.



PORT WAKEFIELD- I would advise tradespeople and others to be on their guard against receiving counterfeit coins as they are frequently being passed. One (a spurious half-crown) having been passed last week at one of the local hotels. The coin is a very good imitation of a genuine one, but lacks the brightness and smoothness and weight of the genuine coin, and when tried does not ring and is easily cut with a knife. It is in Mounted Constable Dowling's possession, who has shown it all over the place, and requested people to assist him in detecting any person trying to pass similar counterfeits.

The much talked of Wills Creek or "Price " as the new township is called is beginning to go ahead and last week W. Moore & Co opened a branch store there, on the occasion of which several farmers and others were invited to the opening. After a hearty lunch, to which a great number sat down, " success to Price " was drank, and after the usual toasts and speeches the large store was cleared and about sixteen couples tripped the light fantastic until an early hour the following morning.

Perhaps not the most enjoyable or enviable part of the fun happened to the party who left here about 5.30 a.m. in an open boat expecting to get there about 9 a.m. But when they got across the Gulf no one knew the exact entrance to the creek. They eventually determined to try their luck with the result that they got "stuck in the mud." Not disheartened at this they manfully went to work and pushed- the boat along for nearly two miles, but finding that human endurance has a limit they gave it up and in desperation to reach the coveted goal they after removing certain parts of their toilets (which it is not necessary to name) started to walk through the mangroves and water ; but after with great difficulty getting about a mile and a half they came to a wide and deep creek running across their path and they were forced to return to the boat thoroughly exhausted, and with to one gentleman the loss of a very necessary portion of his attire. The result was that after sitting in the boat a few hours the tide rose and they reached their destination about 3 p.m. not too fresh, nor too pleased with their experience in entering Wills Creek by water for the first time. (trove.nla.gov.au/newspaper/article/218911904)

## HUMMOCKS WATCHMAN EAGLES ROUND NINE ROUND UP

Round nine was a successful day out against United at their water tower home ground yesterday, coming home with nine wins, three losses and a draw for our youngest Eaglettes.

Well done to our senior football and netball teams, who all collected the points in very comfortable wins all round.

Coach Jared Wilson's pre-game focus for the A grade was to play more as a team and was pleased with the group's effort. Josh Studham was a handy contributor in front of goals in the A grade, bagging 14 and awarded best on ground for his efforts, while Matt Higgs did much the same in the B's, with a seven goal haul and first best.

Our senior colts played the combined Bombers United team for the first time, putting in a mighty effort, but unfortunately going down by 39 points. While our junior colts had another ripper game, narrowly missing out on their third win of the season by just seven points. Special mention to Dylan Martin who played in both junior and senior colts yesterday, and named in the best players in both grades. Great job!

Yesterday we celebrated two milestone games - Dustin Guthberg's 350th and Nathan Byrnes' 50th. After running out through a well-deserved guard of honour, Dustin unfortunately only managed a couple of minutes in the reserves before a solid clash in the half forward lines brought his 350th to a very disappointing end. Although his milestone sadly didn't go to plan, Dustin had already displayed his true clubman-ship earlier in the day. He stepped up when asked to coach one of the u11s minis games (two minis games were held simultaneously due to United's large numbers). Dustin was at the ground by 9am to help the club out when needed - a fitting testament to the type of club person he's been over the last 30 years.

It was great to see the little tackers running around having fun, literally kicking the dew off the ground in the brisk morning air. Annie Catford made her mini debut, kicking a goal in her first game of footy! Last night we went "Back to the '90s" for the club's major function with lots of great costumes, arcade game fun and '90s music. Stay tuned for some social photos soon!

Next week we are back at our salt lake home ground for the first time this year, playing Virginia at Lochiel. See you there!



#### A GRADE

HW Eagles 24.26 (170) def Hamley Bridge 3.4 (22) Best players: Joshua Studham, Ethan Kwaterski, Jaiden Jude, Tait Nottle, Hugh Walker, Joshua Appleby Goal kickers: Joshua Studham 14, Blake Guerin 3, Ethan Kwaterski 2, Henry Wright 2, Joshua Appleby, Nathan Byrnes, Tait Nottle

HUMMOCKS WATCHMAN EAGLES VS UNITED Round 9 Results

OOTB/A

#### **B** GRADE

HW Eagles 14.18 (102) def United 3.6 (24) Best players: Matt Higgs, Joshua Schutz, Bryce Gllbert, Shawn Barnett, Dylan Irrgang, Tom Harrison Goal kickers: Matt Higgs 7, Brogan Page 2, Bryce Gilbert, Brad Higgs, Dylan Irrgang, Joshua Schutz, Corey Temby

#### SENIOR COLTS

HW Eagles 7.4 (46) def by United 12.13 (85) Best players: Dylan Williams, Bradley Carslake, Dylan Martin, Michael Myers, Jake Martin, Joshua Tumanda Goal kickers: Dylan Martin 4, Joshua Tumanda

#### JUNIOR COLTS

HW Eagles 5.1 (31) def by United 5.8 (38) Bost players: Dylan Martin, William Young, Ignatius Stodart, Matthew Pain, Kobi Collins-Dodd, Jake Myers Gaal kickers: Dylan Martin 3, Jake Myers, Ignatius Stodart

# NETBALL

A1 - Hummocks 67 (Sarah Young) def. Long Plains 26 (Sally McArdle)
A2 - Hummocks 47 (Annie Burton) def. Long Plains 26 (Madison Litzow)
A3 - Hummocks 62 (Ashleigh Koch) def. Long Plains 25 (Bec Houston)
A4 - Hummocks 76 (Chloe Hean) def. Long Plains 16 (Dianna Jarman)
A5 - Hummocks 67 (Kara Binka) def. Long Plains 20 (Chante Parker)
17&U - Hummocks 59 (Judiza Enorme) def. Long Plains 15 (Amber Day)
Incentive: Lily Tiller

13&UA Hummocks 23 (Payton Gurr) def. Long Plains 11 (Eliza Gibson) Incentive: Brianna Young

13&UB Hummocks 6 (Georgia Martin) def by. Long Plains 21 (Lucy Mudge) Incentive: Ilka Gangell 10&U Hummocks 7 drew with. Long Plains 7 Incentive: Darcy Stopp













Text and photos from the HW Eagles Facebook page. Follow them for the latest news!



#### I'M A PLUMBER FOR CRYIN' OUT LOUD! I HAVE A LICENSE TO WEAR MY PANTS THIS LOW!



**EFTPOS** available

Opening hours: Tuesday, Wednesday & Thursday from 9am until 3pm, or by appointment.



ABN: 84 627 968 729

# **Birthdays**



# July

Birthstone- Ruby Flower- Larkspur

July 1st- Emily Lane-Watson

July 2nd- Chloe Hean

July 3rd- Amy Rapko

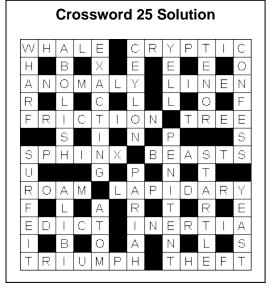
July 7th- Sandra Yeates

July 8th- Katrina Holland

July 9th- Ashley Milton Lisa Studham **Timothy Coverdale** 

July 12th- Diane Barnett

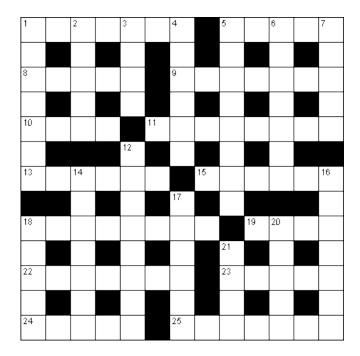




# **Quiz Answers**

- 1- Hera
- 2- Vitamin C
- 3- Tomatoes
- 4- French
- 5- Nirvana

# **Crossword 26**



Down

1. Fiasco (7)

2. Meaning (5)

4. Annually (6)

7. Curtain (5) 12. On time (8)

14. See (7)

prongs (7) 17. Attorney (6)

18. Ape (5)

20. Nimble (5)

5. Treachery (8)

6. Flightless bird (7)

16. Spear with three

21. Young whale (4)

3. Metallic element (4)

#### Across

1. Fate (7)

- 5. Animal with two feet
- (5) 8. Musical instrument
- (5)
- 9. Aerial (7)
- 10. Professional cook (4)
- 11. Delight (8)
- 13. Mass leaving (6)
- 15. Transparent gem
- (6)
- 18. Entertainer (8)
- 19. Cab (4)
- 22. Planet nearest to
- the sun (7) 23. Similar (5)
- 24. Fishing basket (5)
- 25. Ruminate (7)

## **ADVERTISEMENT PRICES**

#### Closing time Friday 3.30pm.

FULL PAGE	\$25.00
<sup>1</sup> ∕₂ PAGE	\$12.50
1/4 PAGE	\$ 7.50
2 or 3 lines	Free

**Business Services Directory** 

\$150/year

More Info: 0438 860 285

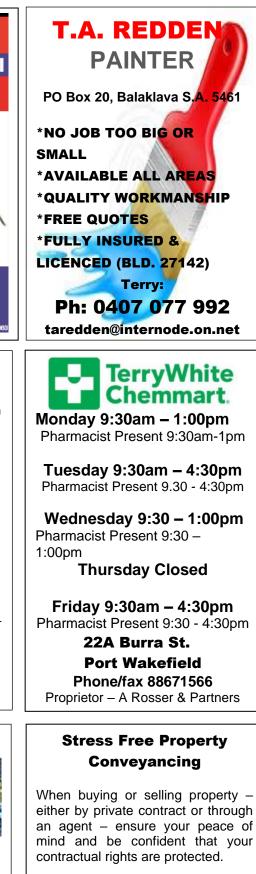






**Beach Rescue** 

Call Ralph Todino



Call us for an obligation free quote.



**GERMEIN REED** Lawyers & Conveyancers 2A Forster Street Kadina PO Box 12 Kadina SA 5554 8821 1700 www.grmlawyers.com.au