

# Port Wakefield Community Newsletter

Wednesday August 10th, 2022 Circulation 450

This is a Publication of the Port Wakefield Community Newsletter Inc. Email: p.w.news@hotmail.com

Published fortnightly



#### **COMMUNITY CALENDAR**

Monday

CFS Cadets (fortnightly) 5.00pm - 6.00pm CFS Training 6.00pm - 8.30pm

**Tuesday** 

Men's Shed
Dr Nyoni
SA Ambulance Training
Library

10:00am-1:00pm
10.15am-1pm
7.30pm-9.30pm
10am-1pm

Wednesday

Community Bus (pension week) 9.30am

Thursday

Transfer Station Open 10am-11am

**Saturday** 

UC Op-Shop 9.30-11.30am Transfer Station Open 10am-12pm

Sunday

Library 12pm-1.30pm

Courthouse Museum

(2nd Sun each month) **11:30am-2:30pm** 

Transfer Station Open 9am-10am

Catholic

Mass 9am

**Uniting Church (UC)** 

Service 10.30am

Wakefield Regional Council Supports PW
Newsletter

Port Wakefield Community Newsletter has received \$2000 from the Wakefield Regional Council in the latest round of Council Community Grants.

The funds have been used to cover the costs of a muchneeded upgrade of the printing and copying machines at the Newsletter Office.

Newsletter Chairperson Blair Dodge and the committee are delighted to receive the funds and very grateful to the council for its recognition of the service the newsletter provides to the community.

"Thanks to the council's support, the print quality of our newsletter has greatly improved and it's much easier for us to produce more copies as our distribution increases. We look forward to devoting more resources to growing our online distribution as well." said Blair.

The committee acknowledges the great support of the community and urges residents to contribute to and read the newsletter as a valuable communications tool.



#### Thought for the day

The reason why worry kills more people than work is that more people worry than work.
-Robert Frost

Next Issue: Wednesday August 24th, 2022.

**News Items** to be submitted by email or to the Newsletter box in the Post Office by **9am on Tuesday August 22**<sup>nd</sup>

Info Phone: Jill 0448 709 800

We acknowledge the Kaurna people as the traditional custodians of the Adelaide Plains and pay our respects to Elders past, present and emerging.

## Port Wakefield CFS Medal Presentation

Members of the Port Wakefield CFS recently attended a presentation at Paskevale Community Centre where they were awarded the National Emergency Medal for their service in the 2019/20 bushfires. Iain Payne was also recognised for his ten years of service with the CFS.

Thanks to our local crew for keeping South Australians safe and doing Port Wakefield proud!



L-R Tanya Power, Warren Miller, Nick Marcks, Jessica Launder and DGO1 Andy Newton



Iain Payne

(Photos by Nerissa Harris)

## **Volunteer Wanted**

We're looking for someone to deliver the newsletter every second Wednesday to Johnson, Catherine, and George Street.

Please call Jill on 0448 709 800 if you're keen to help.

#### **Community Bus**

Dates for Community Bus to

#### Balaklava-

Wednesday August 17th



Pickup at 9:30am, Depart Balaklava at 12:45pm

#### **Munno Para and Salisbury-**

Tuesday September 6th

We begin pickup at 8:30am and are usually home by 3:30pm.

Please contact Beth on 0418 639 563 to book your seat



#### PORT WAKEFIELD CFS

## AGM

#### **Annual General Meeting**

DATE: Monday, 22 August 2022
TIME: 6:00pm (1800hrs)

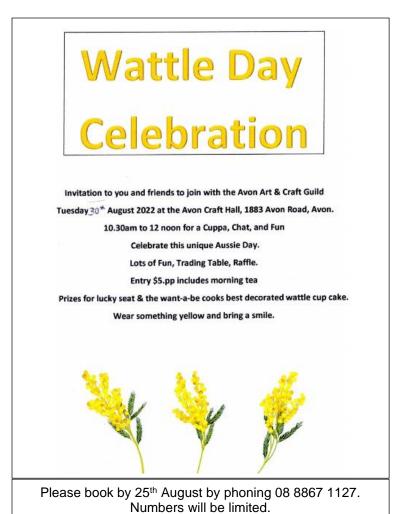
**DETAILS:** Annual reports will be presented followed by an election for 2 year positions for Officer and rank positions.

ALL WELCOME!



#### **Quiz Questions**

- 1- Who was the author of Jurassic Park?
- 2- How many balls are on a pool table at the start of a game?
- 3- What does WWW stand for in an internet browser?
- 4- What colour is an airplane's "black box?"
- 5- Which cartoon character lives in a pineapple under the sea?



## **WORK WANTED**

- Unskilled labour
- Gardening
- Housekeeping
- General duties
- Yard cleaning
- Heavy lifting
- Anything!

\$20 an hour or \$17.50 for pensioners.

Phone Tumai anytime on 0457 126 837



#### **LET'S GLOW!**

#### **How To Make Homemade Body Wash**



In the quest for natural living, we sometimes forget the essentials. We're always reading the labels on our food, but what about our shower products? There are so many hard-to-read (i.e., chemical) ingredients on that body wash bottle that it's almost insane. Here's everything you need to know about making your own homemade body wash.

There's really only one kind of soap you should use for homemade body wash: Castile soap. Just make sure to stay away from Castile soap with citrus oils since they may make skin extra sensitive to the sun. If you can't get your hands on Castile soap, there is another way to make body wash:

Grate two bars of soap (a lot of people swear by Dove for this) into a stock pot. Cover with 6 cups of water and give it a stir. Bring the mixture to a boil, then reduce the heat, and simmer until the soap has dissolved and the water looks cloudy. Let it cool for 24 hours before adding any optional ingredients. Even soothing, moisturizing Castile soap can be tough on skin when used day after day. But nourishing ingredients, like honey, goat's milk, oats, and essential oils, can soften the blow and make your DIY body wash better for daily use. As with any homemade bath and body product, you'll want to customize it to meet your personal needs. This list is just a starting point, so feel free to use any ingredients you've got in the pantry or fridge. If you can use it in a face mask, chances are you can use it in body wash!

<u>Moisturisers</u>: Almond, Olive, Coconut or Sesame carrier oils. <u>Skin Soothers</u>: Aloe Vera, Essential oils, Shea Butter, Raw Honey, Green or Chamomile Tea, Powdered Goat's Milk or Colloidal Oats. <u>Antioxidants</u>: Vitamin E oil, Turmeric Powder, Matcha Powder, Vitamin C Powder. Fragrance: Essential Oils

This simple recipe is a great place to start when making your own body wash. Try adding any of the ingredients listed above to customize the recipe. I recommend starting with 1–2 teaspoons of add-in ingredients and working up from there.

—1/3 cup liquid Castile soap —1/3 cup filtered water —1 tablespoon carrier oil of your choice —2 tablespoons vegetable glycerin

Combine the ingredients in a 250ml pump or squeeze bottle. Gently swirl the bottle to combine them, trying not to create bubbles. Use within 1–2 months. Keep On Glowing!

Jaine Collins-Dodd

## **Hummocks Watchman Eagles Round 14 Roundup**

A few intermittent showers didn't dampen the winning feeling following a very successful day out against United at Lochiel yesterday. While our farmers wouldn't have complained if it rained all day, the showers passed over quickly with the sun even poking out several times throughout the day.

It was a very pleasing clean sweep at the football with three from three (due to the senior colts bye), while the netball collected seven wins from its nine games.

Big credit to the A grade defenders who managed to keep United scoreless for the first half, and goal-less for the entire game. Tait Nottle had another ripper chalking up five goals to his name, as did Cody Redpath in only his third game back after his collarbone injury earlier in the season. It was a back-to-back, best on ground effort from "the Flying Mullet" (aka James Daly), who's been a consistent contributor over the season and proved to be a very handy pick up this year. Great to see the A grade goal tally spread across so many in the team, with 13 individual goal kickers for the day.

Casey Reid was this week's mini mascot helping the A grade warm up, listening to the coach's pre-match talk & running out with the boys.

Congratulations to the junior colts on their third win for the season (and first against United). Great to hear that song being loud and proud! Fingers crossed for another win on the board next week boys! The Eaglettes are well on their way to an exciting finals series with all senior grades in top or second position and the U17's & U13A's in fourth spot.

Big thanks to the Hummocks umpires who stepped up and umpired for Long Plains in two netball games yesterday. Great to enjoy a country footy bonfire and delicious burgers from "Oh My Grill" food truck following the day's games.

Next week is shaping up to be a big day in our traditional friendly-rivals game against the Balaklava Peckers, at Lochiel. We'll also be treating our sponsors to VIP treatment in the exclusive sponsors day tent, plus we'll be rattling the tin for breast cancer and maybe have a few other surprises in store too!











Text and images from HW Eagles Facebook page. Follow them for the latest news!



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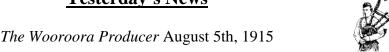
**FREE QUOTES** 

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#### Yesterday's News





PORT WAKEFIELD—Australia Day was celebrated at Port Wakefield on Friday last, and was responsible for the largest and most enthusiastic gathering ever witnessed there. The day was all that could be desired. Willing workers transferred the oval into patriotic semblance, the entrance being beautifully arched and covered with the Allies' flags. The town was also showing its best, and every flagpole was flying the national emblems. Business places were closed shortly before 11 a.m and the railway employees were granted half a day on full pay. And by noon, the appointed time for the march, both town and country had gathered in a massed force near the oval. With commendable punctuality the band struck up the National Anthem at noon, and the procession paraded the principal streets, headed by the mounted police, followed by Britannia, the defence rifle club, band, corporation and district council officials, Italians (carrying the Allies flags), friendly societies, massed schools, Scottish corps (with bagpipes), fire brigade, footballers, life boat and crew, Australian band, public, motor cars, aboriginals, and all imaginable costume. At the conclusion of the march the crowd assembled in front of the pavilion, where addresses were delivered by the Mayor (Mr. J. J. Thomas), Mr. R. Nicbolls, and the Rev. J. C. Richmond. Dinner and afternoon tea were provided by the ladies, and abundance of provisions were available in St. Alban's Hall during the day. In the afternoon sports and various kinds of amusements were provided for all ages.

A splendid Australian flag, presented by Mr. J. W. Humphrey, for competition amongst the various schools, was secured by the Port Wakefield schools. Various amusing costumes were in evidence, and the amount collected by them greatly assisted the day's takings. Rifle gallery, Aunt Sallies, and other attractions brought in good returns, while the "Hostralia Band" got up to perfection, swelled the returns. The fire brigade gave a most amusing performance in coping with a small fire. The fortune-teller pleased all her visitors to such an extent that many were loath to believe the good fortune awaiting them in the near future. Mr. Shroder superintended the art gallery and museum, which was really a well-thought-out affair, and reflected great credit on some of the local brain power. A concert in the evening went far beyond the record. The total day's proceeds and concert were over £150, and with that collected by the Mayoross (Mrs. J. J. Thomas) will bring the total to about £400. (trove.nla.gov.au/newspaper/article/207099624)

# JOEL WILSON PLUMBING & GAS 0458 103 833

#### I'M A PLUMBER FOR CRYIN' OUT LOUD! I HAVE A LICENSE TO WEAR MY PANTS THIS LOW!"



#### **EFTPOS** available

Opening hours: Tuesday, Wednesday & Thursday from 9am until 3pm, or by appointment.



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## **Birthdays**

Joanne Anderson

#### **August**

**Birthstone-** Sardonyx **Flower-** Gladioli



August 17- Jessica Holland

August 16 Kelly Griffiths

August 18- Vicki Pillar

August 21- Claire Martin

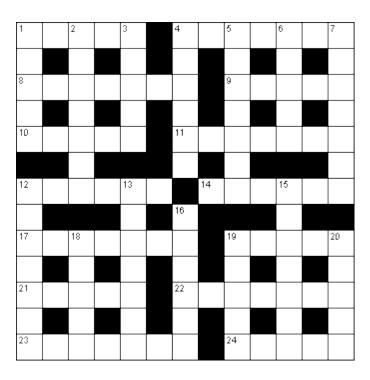
August 22- Josh Studham

# Port Wakefield CMC Annual General Meeting 2022

The Port Wakefield CMC AGM will be held on Tuesday the 30th of August at the SM Hall at 6.30pm

If you are interested in becoming a part of the committee, please come along.

### **Crossword 29**



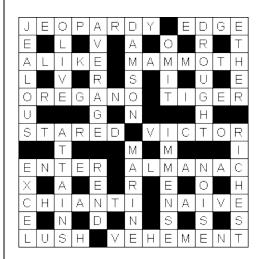
#### Across

- 1. Tempest (5)
- 4. Perplexes (7)
- 8. Fall back (7)
- 9. Portion (5)
- 10. Boasts (5)
- 11. Compared (7)
- 12. Pact (6)
- 14. Pique (6)
- 17. Certify (7)
- 19. Meeting place (5)
- 21. Mountain range (5)
- 22. Flair (7)
- 23. Passed by (7)
- 24. Begin (5)

#### Down

- 1. Bush (5)
- 2. Indignation (7)
- 3. Encounters (5)
- 4. Improved (6)
- 5. Crevice (7)
- 6. Jumped (5)
- 7. Thin (7)
- 12. Kind of syrup (7)
- 13. Despots (7)
- 15. Cure-all (7)
- 16. Assisted (6)
- 18. Play (5)
- 19. Planet (5)
- 20. Happening (5)

#### **Crossword 28 Solution**



#### **Quiz Answers**

- 1- Michael Crichton
- 2- 16 balls
- 3- World Wide Web
- 4- Orange
- 5- Spongebob Squarepants

#### ADVERTISEMENT PRICES

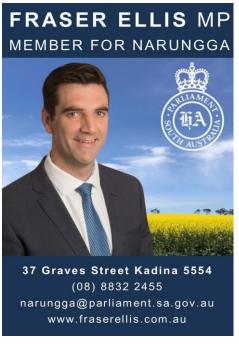
#### Closing time Friday 3.30pm.

FULL PAGE \$25.00 ½ PAGE \$12.50 ¼ PAGE \$7.50 2 or 3 lines Free

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taredden@internode.on.net







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Tuesday 9:30am – 4:30pm Pharmacist Present 9.30 - 4:30pm

Wednesday 9:30 – 1:00pm

Pharmacist Present 9:30 – 1:00pm

**Thursday Closed** 

Friday 9:30am – 4:30pm Pharmacist Present 9:30 - 4:30pm

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