

Port Wakefield Community Newsletter

Wednesday October 19th, 2022
Circulation 450

This is a Publication of the
Port Wakefield Community Newsletter Inc.
Email: p.w.news@hotmail.com
Published fortnightly



COMMUNITY CALENDAR

Monday

CFS Cadets (fortnightly) 5.00pm - 6.00pm
CFS Training 6.00pm - 8.30pm

Tuesday

Men's Shed 10:00am-1:00pm
Dr Nyoni 10.15am-1pm
SA Ambulance Training 7.30pm-9.30pm
Library 10am-1pm

Wednesday

Community Bus (pension week) 9.30am

Thursday

Transfer Station Open 10am-11am

Saturday

UC Op-Shop 9.30-11.30am
Transfer Station Open 10am-12pm

Sunday

Library 12pm-1.30pm
Courthouse Museum
(2nd Sun each month) 11:30am-2:30pm

Transfer Station Open 9am-10am

Catholic

Mass 9am

Uniting Church (UC)

Service 10.30am

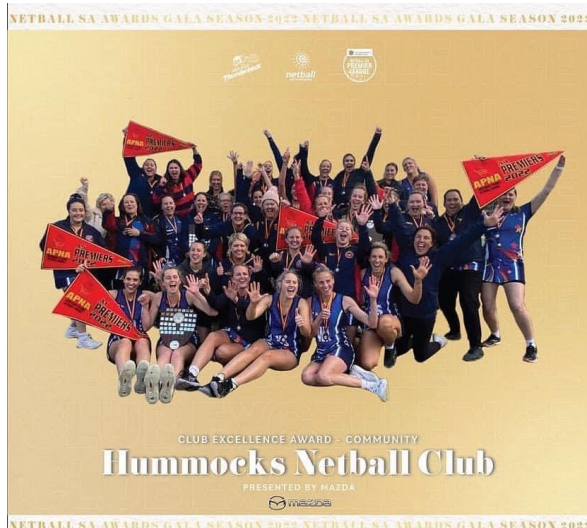
Bin Days

Yellow Recycling bin Thurs October 20th

CLUB EXCELLENCE WINNERS!

Hummocks Netball Club has won the 2022 Club Excellence Award (Community) at the Netball SA Gala Awards!

What a way to cap off our brilliant season! This award recognises the highest performing club during the winter season, and is the second time we've won the award (the first time was in 2018). Massive congratulations to everyone involved in our netball club! We are all incredibly proud of you all!



(Text and pic from Hummocks Watchman Eagles Facebook page)

Thought for the day

There's no point dwelling on what might or could have been. You just have to go forward.
-Jack Nicholson

We acknowledge the Kaurna people as the traditional custodians of the Adelaide Plains and pay our respects to Elders past, present, and emerging.

Next Issue: Wednesday November 2nd, 2022.

News Items to be submitted by email or to the Newsletter box in the Post Office by **9am on November 1st.**
Info Phone: Jill 0448 709 800

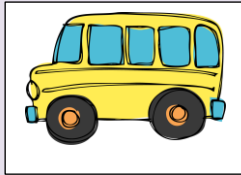
Community Bus

Dates for Community Bus to

Balaklava-

Wednesday October 26th

Pickup at 9:30am,
Depart Balaklava at 12:45pm



Please contact Beth on 0418 639 563 to book your seat

Garage/Deceased Estate Sale

5 Wharf Crescent, Port Wakefield.

This sale will take place on Saturday
22nd October.

Lots of stuff for sale at very reasonable
prices. Some freebies too.

FIRE SEASON SAFETY

IS YOUR PROPERTY FIRE SEASON READY?

1 THE STANDARD for all properties in Wakefield:



Reduce all grass, pest plants and undergrowth within 20 metres of any building on any property to a maximum height of 10 cms.



2 PICK WHICH PROPERTY TYPE SUITS YOU ...

PROPERTY TYPE	THE STANDARD	CREATE A FIVE-METRE FIRE BREAK	
Under half a hectre OR	✓		Slash entire block. A fire break is not mandatory for this property size.
Over half a hectre OR	✓	✓	Requires a fire break around the entire property as close as practactory to the perimeter.
Primary production or industrial/commerical	✓	✓	If within 500 metres of any townships, buildings or structures, create a fire break along the perimeter and 100 metres on either side of the neighbouring assets.

A fire break is a five-metre wide strip where all grass, plants and undergrowth are less than 10 cm in height.



wrc.sa.gov.au



Bee clean house cleaning is a two person team.

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We clean anywhere in Port Wakefield, Balaklava & surrounding areas.

Available Monday – Friday.

Standard clean \$30/hr includes:	Premium clean \$50/hr includes:
Vacuuming	Everything in standard clean
Mopping	Window cleaning
Surface cleaning	Removing cobwebs
Toilet	Oven cleaning
Bathroom	Scrubbing tiles
Dusting	Removing grout
	Steam cleaning carpet

Please ring us on: 0412025539

or Email us on: BeeClean722@gmail.com



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WORK WANTED

- Unskilled labour
- Gardening
- Housekeeping
- General duties
- Yard cleaning
- Heavy lifting
- Anything!

\$20 an hour or \$17.50 for pensioners.

Phone Tumai anytime
on 0457 126 837

Port Wakefield CFS Grass Fire Training,
October 17th



Photo by Nerissa Harris

Quiz Questions

- 1- Which country is home to the world's oldest surviving parliament, the Althing?
- 2- What is measured by the Scoville scale?
- 3- What is the most common surname in the world?
- 4- What did the original version of California's 'Hollywood' sign say?
- 5- What is the collective noun for a group of cats?

LET'S GLOW!

Secrets To Healthy Natural Nails...

If you're someone who makes regular trips to your nail salon, chances are, your nails are in pretty good shape. Most of us take pride in that, seeing as we use our hands to do just about everything, so our nails get a ton of facetime during social interactions. But having nice nails isn't only a luxury - it's actually a sign of good health. Good news: there are plenty of ways to boost the health of your nails naturally.

1 – Don't pick or cut your cuticles

As tempting as it may be to pick at your cuticles because doing so can compromise their role in protecting your nail and keeping out bacteria.

2 – Use cuticle oil

To maintain beautiful, strong, and healthy nails, cuticle oil is a must!

3 – File your nails instead of trimming with scissors or clippers

Filing is a much gentler way to keep your nails neat and of an equal length. Try to file in one direction as sawing back and forth across the free edge can cause damage

4 – Don't bite your nails

This one might sound like a no-brainer, but you might be surprised by how many adults still struggle with this habit. Nail biting can cause extreme damage to your nail plate as well as the cuticle around it.

5 – Eat a nutrient-rich diet

You know the importance of eating a healthy diet, but you may not realise how directly it can impact the health of your nails. Your diet should be rich in vegetables, fruits, and proteins to ensure that you're eating the right amount of nutrients.

6 – Don't use your nails as tools

Natural nails, no matter how strong, are still quite thin and delicate. One of the fastest ways to weaken them is to use them as tools - e.g., to pick labels, open cans and packages, or tap buttons and keyboards. Treating your nails this way creates tiny splits and tears that lead to breakage.

7 – Don't pick your manicure off

If you wear polish, do not pick at it. Doing so can cause the top layer of the plate to come off with the polish. If your polish starts chipping, the safest thing is to get a non-acetone polish remover and start over

Keep On Glowing!

Jaine Collins-Dodd





hAMCo
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GARDEN & OUTDOOR SERVICES MAINTENANCE SERVICES

- | | | |
|-----------------------|------------------------|-----------------------|
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| *Tap Washers Replaced | *Rubbish Removal | *Door & Window Locks |
| *Window Cleaning | *Fence & Gate Repair | *Solar Panel Cleaning |
| *Gutter Cleaning | *On-site Welding | *Plus so much more |

FREE QUOTES

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Yesterday's News

The Wooroora Producer 18th November 1909



Splendid weather prevailed during the holiday yesterday, which was spent in various ways. At an early hour in the morning a motorcar and a drag conveyed the local cricketers to Dublin. The Catholic Church held a most successful picnic at Wild Dog Hill, where both old and young thoroughly enjoyed themselves. Pelican Bay and Bald Hill beach received attention from many visitors during the day.

On the school flat a spirited game of croquet was played between the married and single ladies, resulting in a win for the former. Several fishing parties were out, and the size of the fish nearly caught was a great deal more so than those which were actually brought to land. One boating party, it is said, struck a shoal of young sharks, and were dealing out destruction when a couple of full-grown ones put in an appearance, which put a stop to everything excepting a direct course for home as quickly as sail could bring them.

Much dissatisfaction is expressed at the town being left without police protection during the officer's absence on leave. The special constable (Mr. John McDonald) has his ordinary day's duties to perform, and can scarcely be expected to parade the town at all hours of the night, but for all that he has carried out his duties in a most exemplary manner and in a way that might not be pleasing to a few of the outsiders who thought fireworks could be kept up for several nights.

The local fire brigade had a call to a fire at 2 o'clock on Thursday morning. At the hour mentioned flames were observed rising from a premises, which were being used for smoking fish, and the alarm was given by two ladies, who were awakened by the glare through the window of the room in which they were sleeping. Some adverse comments have been made at the inefficient response of those who compose the brigade, but with the aid of willing workers who had been aroused, the flames were subdued without any valuable property having been destroyed.

JOEL WILSON PLUMBING & GAS 0458 103 833

I'M A PLUMBER FOR CRYIN' OUT LOUD! I HAVE
A LICENSE TO WEAR MY PANTS THIS LOW!!



EFTPOS available

Opening hours: Tuesday, Wednesday & Thursday from 9am until 3pm, or by
appointment.



Crossword 34

Birthdays

October

Birthstone- Opal
Flower- Calendula



October 20- Melody Lee

October 23- Susan Pain

October 24- Gary Rapko

October 27- Natalie Newband

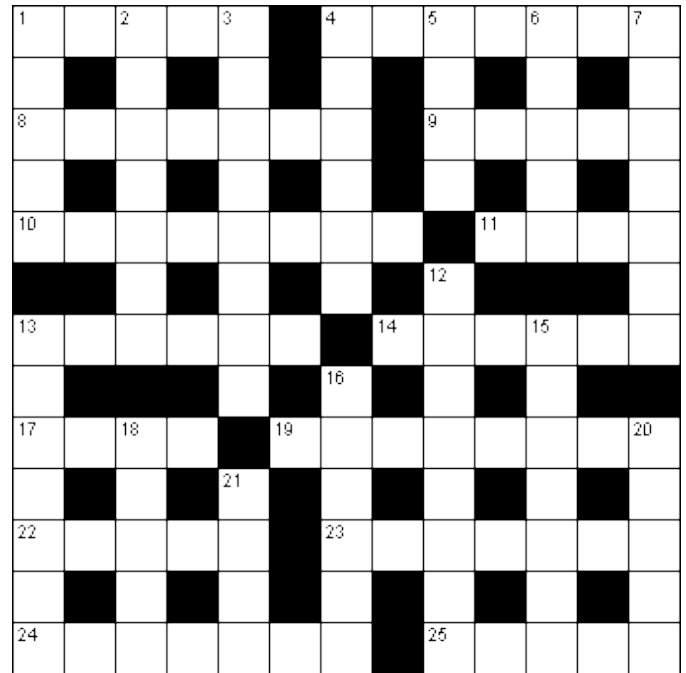
October 31- Adam Bailey

November

Birthstone- Topaz
Flower- Chrysanthemum

November 1- Emily Underwood

November 2- Daniel Bailey



Across

1. Topic (5)
4. Environment (7)
8. Layer (7)
9. Soda water (5)
10. Cheap passage (8)
11. Sport (4)
13. Six feet deep in water (6)
14. Invalidate (6)
17. Artifice (4)
19. Glorious (8)
22. Torpid (5)
23. Quantities (7)
24. Aged (7)
25. Covers a wide area (5)

Down

1. Chores (5)
2. Sincere (7)
3. Outside (8)
4. Respectful deference (6)
5. Computer memory unit (4)
6. Latin American dance (5)
7. Diplomatic (7)
12. Famished (8)
13. Surreptitious (7)
15. Brilliant musical passage (7)
16. Bee house (6)
18. Velocity (5)
20. Measured portions of medicine (5)
21. Celestial body (4)

Crossword 33 Solution

L	I	B	E	R	T	Y		S	C	O	L	D
I		A		E		E		C		Z		R
N	A	S	A	L		A	W	E	S	O	M	E
K		S		I		R		N		N		A
S	T	O	I	C	A	L		T	R	E	N	D
		O				Y		E				E
B	A	N	A	N	A		A	D	O	R	E	D
A			A			T						I
F	E	A	S	T		H	E	A	R	S	A	Y
F		L		I		E		L		O		A
L	O	T	I	O	N	S		I	N	T	E	R
E		E		N		I		B		T		N
D	A	R	T	S		S	A	I	L	O	R	S

Quiz answers

- 1- Iceland
- 2- The heat of chillis
- 3- Wang
- 4- Hollywoodland
- 5- A clowder

ADVERTISEMENT PRICES

Closing time Friday 3.30pm.

FULL PAGE	\$25.00
½ PAGE	\$12.50
¼ PAGE	\$ 7.50
2 or 3 lines	Free

Business Services Directory

\$150/year

More Info: 0448 709 800

MID NORTH

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Call Andrew Boylan 0429 802 912
Office 8842 2001
422 Main North Road, Clare
HEALTH COMM. LIC NO 12

VR2248663



Monday 9:30am – 1:00pm
Pharmacist Present 9:30am-1pm

Tuesday 9:30am – 4:30pm
Pharmacist Present 9.30 - 4:30pm

Wednesday 9:30 – 1:00pm
Pharmacist Present 9:30 – 1:00pm

Thursday Closed

Friday 9:30am – 4:30pm
Pharmacist Present 9:30 - 4:30pm

22A Burra St.

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