

# Port Wakefield Community Newsletter

Wednesday November 30th, 2022 Circulation 450

This is a Publication of the Port Wakefield Community Newsletter Inc. Email: p.w.news@hotmail.com Published fortnightly



## **COMMUNITY CALENDAR**

Monday CFS Cadets (fortnightly) CFS Training

5.00pm - 6.00pm 6.00pm - 8.30pm

10:00am-1:00pm 10.15am-1pm

7.30pm-9.30pm

10am-1pm

9.30am

10am-11am

9.30-11.30am

10am-12pm

9am-10am

9am

**Tuesday** Men's Shed Dr Nyoni SA Ambulance Training Library

**Wednesday** Community Bus (pension week)

Thursday Transfer Station Open

Saturday UC Op-Shop

Transfer Station Open

SundayLibrary12pm-1.30pmCourthouse Museum11:30am-2:30pm

Transfer Station Open

**Catholic** 

Mass

Uniting Church (UC)

Service

10.30am

## <u>Bin Days</u>

Yellow Recycling Bin Green Bin December 1<sup>st</sup> December 8<sup>th</sup> The Port Wakefield Christmas Run and Community Event is Almost Here



Find all the information you need inside!

## Thought for the day

The reason worry kills more people than work is that more people worry than work.
Robert Frost

We acknowledge the Kaurna people as the traditional custodians of the Adelaide Plains and pay our respects to Elders past, present, and emerging.

The Final Newsletter of 2022 is Wednesday December 14th.

**News Items** to be submitted by email or to the Newsletter box in the Post Office by **9am on Tuesday December 13th.** 



## **Community Bus**

Dates for Community Bus to

#### Balaklava-

Wednesday December 7th



Pickup at 9:30am, Depart Balaklava at 12:45pm

Contact Helen on 0407 671 141 to book your seat



Port Wakefield Christmas Run 2022 Saturday 10th of December, starting at 11.00am

Volunteers, please meet at the Hall at 10am



The Port Wakefield Uniting Church welcomes you to

7.30 PM, DECEMBER 10TH 2022 PORT WAKEFIELD TOWN OVAL

PLEASE BRING ALONG UNWRAPPED SOCKS OR TOOTHBRUSHES TO PLACE ON THE GIVING TREE





## Community Bus



## Munno Para and Salisbury-

## Monday December 5th

We begin pickup at 8:30am and are usually home by 3:30pm.

Contact Helen on 0407 671 141 to book your seat

### PORT WAKEFIELD CHRISTMAS RUN DIRECTIONS 2022

START AT SM HALL GO TO CARAVAN PARK ONTO BURRA STREET CONTINUE TO DRAKE CRESENT STRAIGHT ACROSS TO COPPER STREET

LEFT ONTO NORTH ST LEFT ONTO WALTER ST RIGHT ONTO MINE STREET RIDERS DIRT BEHIND PUB WHARF CRESENT HEAD BACK ONTO MINE ST LEFT ONTO WEST STREET RIGHT ONTO EDWARD STREET LEFT ONTO HIGHWAY LEFT ONTO WHITE ST

RIGHT ONTO KORRENG CRT HEAD STRAIGHT ONTO JOHNSON ST GO OVER INTERSECTION TO CONTINUE ONTO COMPANY ST GO OVER INTERSECTION TO CONTINUE ONCOMPANY ST LEFT ONTO SOUTH LEFT ONTO EAST STREET LEFT ONTO MINE STREET LEFT ONTO THOMAS CRS LEFT INTO OVAL

## **Giving Tree**

The Port Wakefield Uniting Church encourage you all to please bring along unwrapped socks or toothbrushes to the carols to place on the Giving Tree. These items will be passed on to Uniting Care to distribute to people in need.

## Port Wakefield CMC Meeting

The next CMC meeting will be held on Tuesday December 13<sup>th</sup> at 6:30pm.

It has been moved for this month only to the conference room at the Rising Sun Hotel .

All welcome to attend!

## COLOURS OF CHRISTMAS FESTIVAL Avon Hall 1883 Avon Road AVON

Open on Sunday December 4<sup>th</sup> & December 11th from 10.30am to 3.30pm and Tuesday December 6<sup>th</sup> from 10.30am to 3.00pm Other times by prior arrangement.

Entry- Adults \$5. Child over 4years \$3 Family 2 Adult 2 children \$12 All children must be accompanied by an adult

Entry includes Morning or afternoon tea

**Group bookings** through the week 10.30am to 3 pm by **appointment** only. Minimum of 10

A Light lunch with tea or coffee \$12.50 pp Morning or Afternoon tea \$5.00 pp

#### For further info & Bookings Phone 88671127



# Farm Fire Unit Registration

To help better support Farm Fire Units (FFU) owners, the CFS is developing a state wide program to register units and provide them with consistent support and resources.

All FFU registrations (and stickers) expired at the end of the last fire season. FFU owners will need to complete an online registration to receive an updated FFU registration sticker. The registration is now for 3 years and is due to expire at the end of the 2024/25 fire season.

https://www.cfs.sa.gov.au/plan-prepare/business-farms/

A sticker provided to FFUs who register online will identify you to CFS crews on the fire ground. It will also help you in accessing the fire ground at SAPOL Traffic Management Points\* (TMPs or 'road closures').

Registering your FFU has many benefits, including access to:

- CFS resources and information

· Vehicle stickers identifying you to SAPOL at Traffic Management Points

• Insurance coverage for owner/operators and their equipment used in support of CFS during fires

• Fire ground safety awareness materials and online resources

• Easier access to logistics support during fires, including meals and water re-supply.

Your registration will also help CFS contact you with information about the ongoing improvements being made to supporting FFUs.



Warren Miller Captain Port Wakefield Brigade South Australian Country Fire Service

## **LET'S GLOW!**

Coconut Oil – The Miracle Oil – Part 1!

Let me introduce you to my new secret weapon: Coconut Oil! I know, I know—am I the last person to discover just how amazing this stuff really is?

While coconut oil is most commonly considered a cooking oil, consisting of the fat pressed from the coconut, it's also long been hailed for its moisturizing benefits for the skin and hair. I've just recently started using it for my super dry skin, and I can't say enough good things. It feels heavenly, and the light coconut scent makes me feel like I'm hanging out at a tropical beach.

It's particularly beneficial for pregnant women. By religiously rubbing it over an ever-growing belly it can prevent stretch marks (and help the old ones). It also helps relieve some of that itching as the skin stretches.

**Reduce Stretch Marks**: While there haven't been any conclusive studies on coconut oil's effect on stretch marks, the oil has the potential to visibly reduce their appearance. In addition, it is considered a natural anti-inflammatory and may help to stimulate collagen production in the skin.

**Moisturiser:** You can use coconut oil as a stand-alone moisturizer (it's all-natural too), or you can add it to your existing moisturizer for a boost of hydration. It works effectively on all types of skin, including super dry skin like mine. It may even help delay wrinkles and skin sagging, thanks to its potential for firming effects.

**Skin Treatment:** Coconut oil has long been used as an all-natural treatment for chronic skin conditions such as psoriasis, dermatitis, and eczema, and it has been shown in studies to improve the skin barrier function in inflammatory skin disease [source]. Apply a small dab on the affected area once or twice daily, and you'll likely see some positive results.

Antioxidant Impact: Research has shown that coconut oil can help prevent premature aging and degenerative diseases due to its antioxidant properties.

Hair Rejuvenation: Coconut oil is one of the few natural oils shown in studies to absorb into hair to strengthen and revitalize it from within. In addition, coconut oil's antibacterial and anti-fungal properties can help maintain hair follicle and scalp health, However, because coconut oil is occlusive, it is most effective when used as a treatment mask rather than an everyday hair cosmetic to prevent build-up, as it can be difficult to remove.

Keep On Glowing!





## Port Wakefield CFS Firefighter Olympics

Your local brigade recently held their annual Firefighter Olympics, with two teams competing against each other in a series of events to test their firefighting skill and knowledge.

Unfortunately, the competition was rudely interrupted by a callout to a vehicle fire in Inkerman, so the event was declared a draw for 2022.

#### Port Wakefield Primary School News

#### Patch to Plate

Patch to Plate is a wonderful experience for everyone here at Port Wakefield Primary School. The children are involved in planting the seeds and seedlings, watering the plants, watching them grow, picking the produce, cleaning the produce (beetroot is very messy!) and then using what they have grown to make delicious food.

On Wednesday, 24th November, we invited our families and the kindy to join us in a shared lunch where we showcased the delicious food made, from Patch to Plate. On offer was beetroot dip, beetroot salad, roasted beetroot, pasties and rhubarb and apple cake. This couldn't have been possible without the amazing dedication from Mr Ellis and his trusty sidekick, Loz. A massive thank you to them both, and to the families and friends who joined us.





Sharing lunch with friends and family

#### **New Mural**

Scott Rathman returned to our school and painted the mural that he had co designed with our students. The final product looks amazing and represents the connectedness and belonging to our school and community. You can see the sun, the rays, the water and the land as well as the symbols designed by our students.





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# **PW Christmas Event Colouring Competition**

To enter simply colour in the picture and leave your name, age, and parent/guardian's phone number so that we can contact you.

There are three prize categories: 2-5 years, 6-9 years and 10-13 years. Winner to be announced at the Port Wakefield Christmas Event on the 10th of December 2022. Please submit your finished pages to the box in the post office before Friday the 9th of December or bring along on the day to be displayed.

NAME: AGE:

PHONE: \_\_\_\_\_



## HOME AND GARDEN MAINTENANCE

## 0459 363 186

## GARDEN & OUTDOOR SERVICES MAINTENANCE SERVICES

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## **Yesterday's News**

Yorke's Peninsula Advertiser December 24, 1877



## **Quiz questions**

1-How many NBA championships did Michael Jordan win?

2-In Norse mythology, where do warriors go after their death?

3-An EGOT winner is someone who has won four of the top awards in the entertainment industry. What are the four awards?

4-What does an oologist study?

5-What is the national flower of the Netherlands?



Warning on Christmas lights

PORT WAKEFIELD -- Christmas is drawing near, so we are beginning to feel festive, though there is nothing very exciting on the programme for the holidays. The Friendly Societies hold their annual picnic on New Year's Day, which is to be followed in the evening by an entertainment and a ball. Every effort is being made to insure a successful and pleasant day, and a large gathering is anticipated.

Contributions have been kindly given by most of the inhabitants of this Port towards putting a railing round the graves of the nine men who were drowned by the upsetting of the steamer Wakefield's boat. The survivors met with great kindness during their stay in this place, whilst the enquiry was being held. Most of them have already left the works: they could not stand the heat; so they have gone to seek a cooler region.

To show the strange ideas people form of this country, these men wished the police to watch the bodies of their unfortunate comrades as they understood the people were cannibals! — a decidedly new character for Port Wakefieldites.

There is to be a lecture given on Thursday night in aid of the harmonium fund in the Wesleyan Chapel; but I hardly think it will attract a large audience. The subject is scarcely an interesting one to the majority of folks. " The Life and Times of Wyckliffe." Lectures don't "take" in Port Wakefield.

trove.nla.gov.au/newspaper/article/216040696



#### I'M A PLUMBER FOR CRYIN' OUT LOUD! I HAVE A LICENSE TO WEAR MY PANTS THIS LOW!



**EFTPOS** available

Opening hours: Tuesday, Wednesday & Thursday from 9am until 3pm, or by appointment.



ABN: 84 627 968 729

Lic No. PGE269220

## **Birthdays**

## Crossword 37

### **December**

Birthstone- Turquoise Flower- Narcissus



December 5- Sarah Rapko

- December 6- Kaleb Walding-Wilson Dodie McFarlane
- December 7- William Robertson

December 9- Megan Payne

December 12- Kristal Moreton

December 14- Rebecca Holland



## Book Sale!



The Institute building on Burra Street is home to your Newsletter office & Book / DVD Shop. Open every other **Tuesday morning** and every **Sunday between 12pm and 1.30pm**.

A half price, pre-Christmas book & DVD sale will take place on these days so please come along and snap up some summer reading or gifts for family and friends!



#### Across

1. Block out (4) 3. Amaze (8) 8. Article of clothing (7) 9. Meaning of a word (5) 10. Board game (5) 11. An extreme attainment (6) 13. To the opposite side (6) 15. Upper deck of a ship (6) 18. Reptile (6) 20. Thick (5) 23. Nimble (5) 24. Look over carefully (7) 25. Got back (8) 26. Notable

#### Down

- 1. Prestidigitator (8)
- 2. Tennis stroke (5) 4. Planet (6)
- 5. Disregarded (7)
- 6. Pay close
- attention to (4)
- 7. Periodic
- population count (6)
- 9. Pouch (3) 12. Vanquished (8)
- 14. Precipitating (7)
- 16. Pungent edible root (6)
- 17. Look up to (6)
- 19. Simian (3)
- 21. Female relative
- (5)



# Quiz Answers

1-Six

2-Valhalla

3-An Emmy, a Grammy, an Oscar, and a Tony Award. (Only 17 people have done it.)

4-Bird's eggs

5-The tulip

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