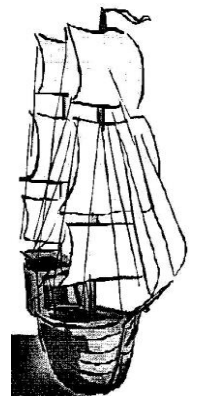


# Port Wakefield Community Newsletter

Wednesday May 10th, 2023  
Circulation 450

This is a Publication of the  
Port Wakefield Community Newsletter Inc.  
Email: [p.w.news@hotmail.com](mailto:p.w.news@hotmail.com)  
Published fortnightly



## COMMUNITY CALENDAR

### Monday

CFS Cadets (fortnightly) 5.00pm - 6.00pm  
CFS Training 6.00pm - 8.30pm

### Tuesday

Clementina Corner 10:00am-1:00pm  
Men's Shed 10:00am-1:00pm  
Dr Nyoni 10.15am-1pm  
SA Ambulance Training 7.30pm-9.30pm  
Library 10am-1pm

### Wednesday

Community Bus (pension week) 9.30am

### Thursday

Transfer Station Open 10am-11am

### Saturday

UC Op-Shop 9.30-11.30am  
Transfer Station Open 10am-12pm

### Sunday

Library 12pm-1.30pm  
Courthouse Museum 11:30am-2:30pm  
(2nd Sun each month)  
Clementina Corner 11:30am-2:30pm  
(2nd Sun each month)  
Transfer Station Open 9am-10am

### Catholic

Mass 9am

### Uniting Church (UC)

Service 10.00am

### Bin Days

Yellow Bin- Thursday May 18th

**MOTHERS DAY MARKET** FREE ENTRY

Saturday 13th May  
9am to 2pm  
Port Wakefield SM Hall

*The Biggest Morning Tea will run between 10am and 12pm*

Candles, Make-up, Handmade Gifts, Baked Goods, Toys, Sausage Sizzle

### Thought for the day

*Expect trouble as an inevitable part of life, and when it comes, hold your head high, look it squarely in the eye, and say "I will be bigger than you. You cannot defeat me." Then repeat to yourself the most comforting words of all, 'This too will pass.'*  
- Ann Landers

We acknowledge the Kaurna people as the traditional custodians of the Adelaide Plains and pay our respects to Elders past, present, and emerging.

Our next issue is out on Wednesday May 24th, 2023.

News Items to be submitted by email to [p.w.news@hotmail.com](mailto:p.w.news@hotmail.com) or to the Newsletter box in the Post Office by 9am on Tuesday May 23rd.  
Info Phone: Jill 0448 709 800



## Port Wakefield Community Events Committee

### Hosting The Biggest Morning Tea 2023

Please join us for the biggest morning tea 2023 on Saturday 13<sup>th</sup> May 2023, at Port Wakefield SM Hall from 10am to 12pm.

Gold coin donation for morning tea  
If you cannot make it on the date and would like to make a donation to the Cancer Council, please contact Aliesha, Tash, Jude, or Kerry

All Welcome

## LET'S GLOW!

Homemade Face Scrubs – Final Part...

Welcome to the final part of Face Scrubs Homemade Face Scrub Recipes — Sensitive or Inflamed Skin Face Scrubs.

### Oatmeal Facial Scrub...

Soothing and anti-inflammatory oats are ideal for sensitive skin. Ground oats gently unclog pores while their natural saponins cleanse and absorb dirt and oil.

—1/2 cup old-fashioned oats (uncooked) —Water

In a blender, pulse the dry oats until finely ground. Place a pinch of the ground oats into the palm of your hand, then add water until a paste forms. Gently massage into your face and neck. Store the ground oats in an airtight container for later use. Bonus: Instead of water, you can use milk or plain yogurt, both of which have lactic acid, which can be helpful as a chemical exfoliant. Or add apple cider vinegar that contains malic acid for its brightening properties.

### Aloe Vera Gel and Sugar Scrub...

Superfine sugar is a great kitchen ingredient to add to your scrub. The finer the grit, the better for your skin. Aloe Vera is known to be soothing and healing for all skin types, even acne-prone skin.

—1 tablespoon Aloe Vera gel —A sprinkle of superfine sugar

Combine the two ingredients. Gently massage them into your skin, leave the mixture on for a few extra minutes, and then rinse well to remove.

### (Inflammation) Flaxseed Face Scrub...

Flax seeds are anti-inflammatory both internally and externally. You can add a number of different ingredients to a handful of flax seeds and create various scrubs for different facial needs. You'll get a gel-like consistency that's gentle yet effective at removing dead skin cells.

—1 teaspoon ground flax seeds or flaxseed meal —1 tablespoon carrier ingredient (Aloe Vera gel, yogurt, honey)

Mix well with a mortar and pestle and apply to the face. then remove with warm water.

Keep On Glowing!

Jaine Collins-Dodd



## Port Wakefield CFS News



Port Wakefield CFS are dedicating this term of training to structure fires, so you might see your local brigade out on the street honing their skills over the next few weeks.

Thanks to Nerissa Harris for her photos of their May 1<sup>st</sup> session.

## Landscaping & Property Maintenance

Rubbish removal ✓

Animal enclosure clean out and maintenance ✓

Farm hand ✓

Machine operating experience ✓

Paving, Retaining, concreting ✓

For all your jobs around and  
inside your property.



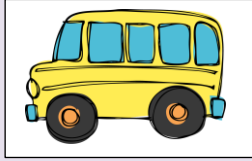
Please call Dylan on 0482516981



## Community Bus

Dates for Community Bus to

**Balaklava-**  
May 10th  
May 24th



Pickup at 9:30am,  
Depart Balaklava at 12:45pm

**Contact Helen on 0407 671 141 to book your seat**

## MOTHER'S DAY MORNING TEA

May 16<sup>th</sup> 2023

*Special Invitation to You and Friends.*

Please join us for a fun morning tea/coffee and nibbles and relax in the wide open spaces of our rural area to celebrate all Mothers past, present, future.

**Where:** Avon Craft Hall 1883 Avon Road Avon

**When :** Tuesday May 16<sup>th</sup> 2023

Morning Tea 10.30am to 12 noon \$4.00 or for those wishing to stay  
10.30 to 1pm includes a light SSS Lunch \$10.00

**What:** Raffle, Activities, Prizes, Trading Table

**Bring:** A smile & your favourite apron for show and tell.  
*All welcome.*

Booking appreciated as shops in Avon are closed RSVP 88671127  
By 12<sup>th</sup> May 2023



## May in Price

- 3rd Green Bins Out
- 5th Community Club tea - RFDS
- 10th Scone Time 10am - Price SM Hall
- 12th Community Club tea - Tennis Club
- 14th Price Church 9.30am
- 17th PPA Committee meeting 7.30pm
- 19th Community Club tea - Price Church
- 26th Price Playgroup 9.30am - SM Hall
- 26th Community Club tea - Indoor Bowls club
- 28th Price Church 9.30am

## Jim's Dog Wash is now full time in Port Wakefield!

- 🐾 Warm hydro wash
- 🐾 Conditioner
- 🐾 Blow dry
- 🐾 Nails and ears checked
- 🐾 De-shed / full groom



**Message OR call Allan on 0439 640 863 for more info or to place a booking**



# Do you see what this guy still has?

**A male cat can mate with multiple females in one day.**

**The average female cat can have up to  
1-8 kittens per litter  
2-3 litters per year  
Up to 100 cats during her lifetime**

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# THANK YOU

## TO THE PORT WAKEFIELD COMMUNITY

Being members of this community for many years we have seen many ups and downs, but in recent months going through a traumatic experience while giving our support and love to the community has been one of the hardest moments.

We would like to express our sincere thanks and gratitude to the support of our wonderful community that has gotten behind us with well wishes, gifts, cards, food, money and support. We really couldn't have done it without you all and we will forever be grateful. We can not thank you all enough.

We would also like to express a heartfelt thank you to our very closest friends and family who stepped in on the day and who continue to help and support us throughout our ongoing healing journey.

We would also like to extend an extra thank you to Dan, Aliesha and Ronnie for their quick thinking in getting us to safety all whilst waiting for emergency services to arrive, this impacted our recovery majorly. We can't thank you enough.

Love  
Kerry and Natasha

# THE GLASS ABBNEY

---

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V I N T A G E   F U R N I T U R E

---

OPEN THIS WEEKEND

11:00 AM - 4:00 PM

LOCATION

12 BURRA STREET, PORT WAKEFIELD



# Hummocks Watchman Eagles News

## ROUND 3 ROUND UP

Unfortunately, it was another clean sweep of the wrong kind for our footballers yesterday, against Angle Vale on their home turf.

But we couldn't have got a closer mixed bag over at the netball if we tried, with four wins, four losses and a draw!

Coach Jared Wilson was pleased with how the A grade boys played in the first three quarters, with effort and pressure a real feature of their game style. Unfortunately, they fell away in the last quarter, letting the Owls run away with a 33 point win.

"As a coaching group, we feel we are not far away from playing some more consistent footy and getting back into the winners circle. The boys understand we need to keep looking to improve on our skill execution and game plan," Jaz said.

It was another close game for the A1s, unfortunately going down by just a handful of goals for the second week in a row.

Our A grade is 4th on the ladder (behind Two Wells, Angle Vale and United), while our A1 netballers are sitting in 5th spot.

Thank you to Imogen Phillips (cousin of player Lachie Davey) for helping boost numbers in the junior colts this week. It was great to have you Immy!

Congratulations to our junior netballers who have been selected in the APNA rep teams, who will compete in the Country Netball Championships in June:

17&U - Lily Tiller

15&U - Phoebe Anderson, Matilda Williamson, Megan Payne (res)

13&U - Halle Young, Tahlia Zerk

11&U - Ilka Gangell

Following yesterday's games at Owl Park, a good crowd headed onto The Cathedral Hotel at North Adelaide, in support our newest corporate sponsor.

Next week we're back home at Port Wakefield, taking on the Mallala Magpies. No doubt, there'll be some great games, so we'll catch you there!

**FOOTBALL**  
*Results* **ROUND 3**  
**VS ANGLE VALE**

**A GRADE**  
HW Eagles 9.7 (61) def by Angle Vale 13.6 (94)  
*Best players:* Kyan Saunders, James Daly, Mitchell Jude, Shaun Light, Archie Yelland, Will Vines  
*Goal kickers:* Regan Taheny 3, Henry Wright 2, Angus Aldenhoven, James Daly, Dylan Iirgang, Brandon Taylor

**B GRADE**  
HW Eagles 7.6 (48) def by Angle Vale 10.8 (68)  
*Best players:* Jake Lee, Adam Scott, Bryce Gilbert, Harry Aldenhoven, Cody Scott, Reece Rudduck  
*Goal kickers:* Dustin Guthberg 3, Harry Aldenhoven, Blake Guerin, Jake Lee, Hayden Sonntag

**SENIOR COLTS**  
HW Eagles 4.6 (30) def by Angle Vale 10.13 (75)  
*Best players:* Nathan Driver, Jake Martin, Dylan Martin, Ignatius Stadart, Brian Day-Turner, Leian Millamina  
*Goal kickers:* Brian Day-Turner 2, Michael Myers

**JUNIOR COLTS**  
HW Eagles 0.65 (65)\* def by Angle Vale 17.11 (113)  
*Best players:* Rylan Broadbent, Rex Pallares, Tyson Todd, Herbie Stadart, Kobi Collins-dodd, Anthony Reynolds  
*Goal kickers:* -  
\*Adjusted score due to mercy rule implemented

2023



**NETBALL**  
*Results* **ROUND 3**  
**VS ANGLE VALE**

**A1** - Hummocks 38 (Nicola Tiller) def by. Angle Vale 43 (Taylor Winstanley)

**A2** - Hummocks 46 (Bridget Guthberg) def. Angle Vale 36 (Jayme Watherston)

**A3** - Hummocks 45 (Suzie Wilson) drew with. Angle Vale 45 (Candice Launer)

**A4** - Hummocks 62 (Chloe Hean) def. Angle Vale 33 (Kelsie Harris)

**A5** - Hummocks 31 (Bethany Wilson) def by. Angle Vale 32 (Brianna Egberts)

**15&U** - Hummocks 40 (Matilda Williamson) def. Angle Vale 23 (Andee Richards) Incentive: Phoebe Taylor

**13&UA** - Hummocks 21 (Lorena Burford) def by. Angle Vale 32 (Brooke Nicholas) Incentive: Brianna Young

**13&UB** - 13&UB Hummocks 2 (Ilka Gangell) def by. Angle Vale 9 (Jenna Chatterton) Incentive: Holly Jones

**10&U** - Hummocks 14 def. Angle Vale 10 Incentive: Rosie Moulds

2023



From HW Eagles Facebook page. Follow them for the latest news!





## HOME AND GARDEN MAINTENANCE

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### Yesterday's News

*The Central Advocate* May 8th, 1908



PORT WAKEFIELD- On Saturday last on the new football ground near Mr. Dare's residence the opening football match was played between the home team and a team selected from the relaying gang. Mr. E.R. Evans captained the Ports, while Mr. Stephens did like service for the relayers. Mr. Wickbam did yeoman service as umpire and deserves an "honourable mention" in football history. A large number of spectators of both sexes graced the ground, and the numerous large trees (in which the ground abounds) were lined by the young and energetic boys, who without fear or favour shouted their approval or otherwise to both parties as occasion warranted.

Considerable grace was lent to the occasion by the presence of two van loads of gypsies who were camped in the vicinity of the ground and took deep interest in the game. One of them asserted that it was one of the finest displays of football he had witnessed since his hurried flight from Cornwall. Unfortunately one of the platelayers kicked the ball with such force as to upset the leading man of the troupe, and after he had been extricated from a smouldering fire in which he had fallen, he announced with much wrath that whatever side that kicker belonged to would lose, and so it came to pass that at the call of time his prophetic words had come true, as the scores showed—Ports, 9 goals, 7 points; Relayers, 3 goals, 5 points. ( . . )

News has just come to hand of two men last night spreading 150 fathoms of fishing net across the mouth of the weir at Pelican Bay, and about 10 p.m. captured, much to their disgust, a boat load of Greek fishermen. The language on both sides is reported to have beggared description.

([trove.nla.gov.au/newspaper/article/207084990](http://trove.nla.gov.au/newspaper/article/207084990))

### Quiz Questions

- 1-What month was Julius Caesar stabbed in?
- 2-What causes a Mogwai to turn into a gremlin in the movie Gremlins?
- 3-Who was the last British PM before Rishi Sunak?
- 4-Stratus and cirrus are types of what?
- 5-In American law enforcement, what does SWAT stand for?

### It must have been a rough divorce



Hello, we are Bruce and Kim.

We live in Port Wakefield and we love living so close to the sea.

We are Launching a Music Album 'REASON TO PARTY' and I will be playing 17 songs that I wrote and I invite you to be part of the fun and games of Music, Food, Free Entry and Fancy Dress (\$50 Dollar First Prize) with Keyboards, Ktar, Modules and a Guitar at KADINA on June 17<sup>th</sup>.



Kim and I also enjoy travelling and are looking for Friends in this area. I invite you to visit us every fortnight starting from May 11, 2023 on Thursday Night at 6:30 PM. #ALPHACOURSE The Topic and Video we will be watching and discussing will be 'Is There More To Life Than This?'

AT THE HOME OF #[BRUCESPLANET.COM](https://www.brucesplanet.com) (Copy this 'Hashtag' into Google to go to my webpage) 39 EDWARD STREET PORT WAKEFIELD 5550



If you see us around please say 'Hello!' and tell us you saw our picture in the 'Port Wakefield Community Newsletter'. God Bless and WE LOOK FORWARD TO SEEING YOU at our #ALPHA meetings and ALBUM Launch 'Reason to Party' at Kadina.



Any Questions Text or Leave a Message on 0481879762.

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# Birthdays



## May

**Birthstone-** Emerald  
**Flower-** Lily of the Valley

May 16- Michelle Butson  
 Nathan Studham  
 Scott Anderson

May 17- Fran Milton  
 Chris Harding

May 20- Kerry Nitschke

May 22- Bailey Underwood  
 Penelope Frank

May 23- Peggy Lin

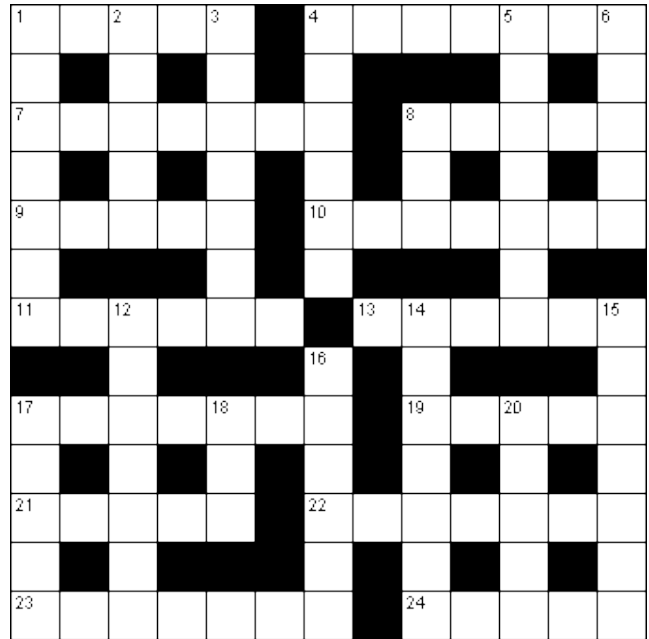
## Anniversaries

May 21- Sandra and Peter Yeates



Label on bottle of baby lotion

# Crossword 47



### Across

1. Garret (5)
4. Communicative interaction (7)
7. Hassle (7)
8. Smithy's block (5)
9. Tooth (5)
10. Reaches out (7)
11. Pact (6)
13. Strategy (6)
17. Time off (7)
19. Stroll (5)
21. Rough (5)
22. Eight-sided polygon (7)
23. Imagined (7)
24. Watercourse (5)

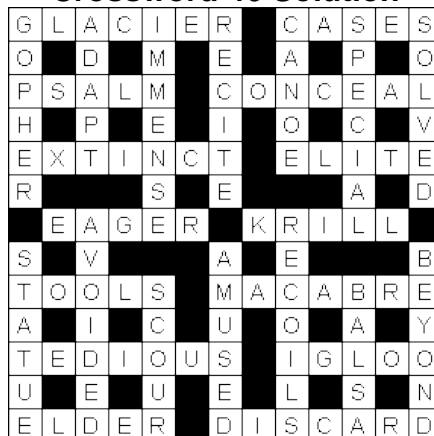
### Down

1. Try (7)
2. Supernatural creature (5)
3. Floorshow (7)
4. Mentally quick and resourceful (6)
5. Go forward (7)
6. Stories (5)
8. Pertinent (3)
12. Gourmet (7)
14. Disorderly (7)
15. Everlasting (7)
16. Unit of time (6)
17. Perspicuous (5)
18. Employ (3)
20. Start (5)

### Quiz Answers

- 1-March.
- 2-Eating after midnight.
- 3-Liz Truss, who only lasted 50 days.
- 4-Clouds
- 5-Special Weapons and Tactics

### Crossword 46 Solution



### ADVERTISEMENT PRICES

**Closing time Friday 3.30pm.**

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|---------------------|----------------|
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422 Main North Road, Clare  
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VR2948663



Monday 9:30am – 1:00pm

Tuesday 9:30am – 4:30pm

Wednesday 9:30 – 1:00pm

Thursday Closed

Friday 9:30am – 4:30pm

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