



Port Wakefield Community Newsletter

Wednesday May 24th, 2023
Circulation 450

This is a Publication of the
Port Wakefield Community Newsletter Inc.
Email: p.w.news@hotmail.com
Published fortnightly



COMMUNITY CALENDAR

Monday

CFS Cadets (fortnightly) 5.00pm - 6.00pm
CFS Training 6.00pm - 8.30pm

Tuesday

Clementina Corner 10:00am-1:00pm
Men's Shed 10:00am-1:00pm
Dr Nyoni 10.15am-1pm
SA Ambulance Training 7.30pm-9.30pm
Library 10am-1pm

Wednesday

Community Bus (pension week) 9.30am

Thursday

Transfer Station Open 10am-11am

Saturday

UC Op-Shop 9.30-11.30am
Transfer Station Open 10am-12pm

Sunday

Library 12pm-1.30pm
Courthouse Museum 11:30am-2:30pm
(2nd Sun each month)
Clementina Corner 11:30am-2:30pm
(2nd Sun each month)
Transfer Station Open 9am-10am

Catholic

Mass 9am

Uniting Church (UC)

Service 10.00am

Bin Days

Green Bin- Thursday May 25th
Yellow Bin- Thursday June 1st

BINGO NIGHT

FRIDAY, JUNE 2ND

At Port Wakefield SM Hall

Doors Open : 06:00 pm — Game Start : 07:00 pm

JOIN US NOW

GAME | PRIZES | RAFFLE

More Information:
pw.commevents@gmail.com

Food and drink available for purchase on the night.

Thought for the day

It's impossible to speak highly enough of the virtues, the dangers, and the power of shared laughter.

- Francoise Sagan

We acknowledge the Kaurna people as the traditional custodians of the Adelaide Plains and pay our respects to Elders past, present, and emerging.

Our next issue is out on Wednesday June 7th, 2023.

News Items to be submitted by email to p.w.news@hotmail.com or to the Newsletter box in the Post Office by 9am on Tuesday June 6th.
Info Phone: Jill 0448 709 800

Walk for Wellbeing

A walk can work wonders

We're encouraging everyone in the Wakefield Region to discover the benefits of walking. Remember every step counts!

- Sunday 28 May, 9am
- Port Wakefield, meet at the Tidal Pool carpark, corner of Wakefield & Edward Street
- Enjoy a 2km walk

Walking for wellbeing is an initiative that will roll out across the Wakefield Region. Make sure you keep an eye out on our website and social media for events in your town.



Bring your friends and family

Free morning tea for participants from Lisa's Lattes coffee van



Landscaping & Property Maintenance

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Animal enclosure clean out and maintenance ✓

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Please call Dylan on 0482516981

Port Wakefield CFS Cadets

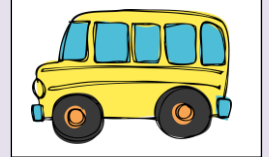
Our local cadets enjoyed a group field day at Balaklava on Sunday April 21st.



Community Bus

Dates for Community Bus to

Balaklava-
May 24th
June 7th



Pickup at 9:30am,
Depart Balaklava at 12:45pm

Contact Helen on 0407 671 141 to book your seat

Port Wakefield CFS Annual General Meeting

July 31st, 2023
6:00 PM at the station



HUMMOCKS WATCHMAN EAGLES



2023

Goods & Services
AUCTION

SATURDAY, JUNE 3RD

FOLLOWING THE HAMLEY BRIDGE GAME
@ PORT WAKEFIELD

DO YOU HAVE AN ITEM TO AUCTION?

WE'D LOVE TO HEAR FROM YOU!

PLEASE CONTACT:
Brandon Taylor 0408 313 488 or Ashleigh Williams 0437 849 227

LET'S GLOW!

Peppermint Essential Oil Benefits – Part 1...

Peppermint is one of the most commonly used essential oils, and it's easy to see why! It's cool, invigorating scent is a go-to solution for nausea and headaches, and it's so versatile that peppermint essential oil benefits both your health and the home. And whatever the time of year, anything peppermint-y instantly makes things feel like Christmas!

When I think of peppermint, the cooling sensation of menthol immediately comes to mind. There are an infinite number of uses for the refreshing oil so read on for some of my favourites!

One caution... Avoid direct use of peppermint with infants and young children. Due to its high menthol content, peppermint essential oil should never be used with infants or small children as it can cause life-threatening breathing problems.

Peppermint For Headaches

Peppermint is one of the most frequently used essential oils for headaches. Paired with lavender, it's a favourite remedy for natural headache relief. The cooling sensation of peppermint is soothing, and its essential oil can work especially well for tension headaches or headaches due to sinus congestion.

Headache Massage...

Give yourself a quick head massage to relieve a tension headache. Combine 5 drops of peppermint EO with a tablespoon of carrier oil like coconut or almond and massage into the temples and the base of your neck.

Stressed? Diffuse peppermint and lavender or mix a couple of drops with a carrier oil and apply to the temples or back of the neck to relieve tension and pressure.

Peppermint For Respiratory Issues

Peppermint is a great option to consider when dealing with respiratory illness as well. It's antibacterial and antiviral and also happens to be an effective natural decongestant.

Support Healthy Breathing...

Dilute one drop of peppermint EO with 1 teaspoon of fractionated coconut oil and place it on the skin under your nose to support opening the airways to breathe more easily. Place a few drops on a tissue or hold the bottle under your nose. Inhale deeply to invigorate your lungs and increase alertness.

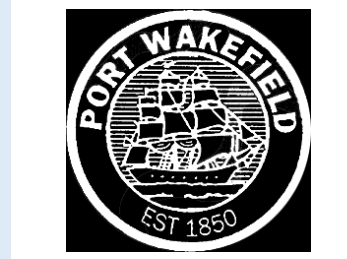


Keep On Glowing!

Jaine Collins-Dodd

Port Wakefield CMC Meeting

Soldiers Memorial Hall
Tuesday 13th June
New time of 6:00 PM



The Port Wakefield Courthouse Museum is looking for new volunteers. Can you help?

Please call Tara on 0428 765 362 to find out more.

Port Wakefield CMC

A HUGE thankyou!!!! To all who attended our first Market on Saturday. What a great day it was. We doubled our donations from last year and have raised \$500 for the Cancer Council thankyou to all who came and enjoyed a cuppa and some baked goodies. Thankyou to Di for all the treats. And thank you to all the amazing stall holders, look forward to having you on board for the next market.



Image and text from Port Wakefield Community Events Facebook page.

Hummocks Watchman Eagles News

ROUND FIVE ROUND UP

Another week and another "first-win-of-the-season" for two of our junior teams!!

This time we congratulate our junior colts who got their first two points on the board, against United at Long Plains. Great job boys! Big thanks to the lads from Blyth Snowtown Cats who filled in for our junior colts.

And a huge congratulations to our Under 13A netballers who also got their "first win of the season", winning in a one-goal nail biter with only seconds on the clock. It was a ripper game with the girls super excited when the final whistle finally blew. Well done girls!! A well-deserved first win!

Well done to the senior colts for their second win in a row too.

Unfortunately yet another game slipped through the fingers of our A grade, who was far from full strength. With a few key players out (Buzz, Lighty, James Daly & Jaiden Jude), the team was stretched but still had great passages of play and impressively managed to hold the Tigers goalless in the third quarter.

Coach Jared Wilson said "the boys battled hard all day but just couldn't get it all together at the end. Rob Bull had a great game along with Kyan Saunders, Henry Wright & Elijah Foster, and Archie Yelland was also great again down back. We have to move on pretty quickly & get ready for the local derby this week which we are all looking forward to."

While the A1s had a week off (due to Long Plains not having a side), the rest of our Eaglettes had a fantastic day, chalking up six wins from their eight games.

Well done to the A2s who are currently undefeated.

We're back on the road again this week, playing the Peckers at Balaklava - catch you there!



FOOTBALL
Results **ROUND 5**
VS UNITED

A GRADE
HW Eagles 11.5 (71) def by United 14.11 (95)
Best players: Robert Bull, Kyan Saunders, Henry Wright, Elijah Foster, Archie Yelland, Ethan Kwaterski
Goal kickers: Henry Wright 3, Harry Aldenhoven 2, Nathan Byrnes 2, Mitchell Jude, Ethan Kwaterski, Regan Tahony

B GRADE
HW Eagles 3.4 (22) def by United 13.14 (92)
Best players: Joshua Schutz, Blake Guerin, Cody Scott, Bryce Gilbert, Adam Scott, tyson Williams
Goal kickers: Dustin Guthberg, Dylan Williams, Private Player

SENIOR COLTS
HW Eagles 13.10 (88) def United 8.11 (59)
Best players: Flynn Young, Dylan Williams, Dylan Martin, Jackson Anderson, Jake Martin, Nathan Driver
Goal kickers: Dylan Martin 5, Bradley Carslake 4, Dylan Williams 2, Kobi Collins-Dodd, Flynn Young

JUNIOR COLTS
HW Eagles 8.10 (58) def United 2.6(18)
Best players: Joshua Hodgetts, Jake Myers, Rylan Broadbent, Darcy Collins-Dodd, Kobi Collins-Dodd, Herbie Stedart
Goal kickers: Joshua Hodgetts 3, Beau Catford 2, Darcy Collins-Dodd, Jake Myers, Nathan Angus

2023

NETBALL
Results **ROUND 5**
VS LONG PLAINS

A1 - No Game

A2 - Hummocks 57 (Annie Burton) def. Long Plains 33 (Mary-Jane McArdle)

A3 - Hummocks 57 (Clancey Nicholls) def. Long Plains 35 (Madison Litzow)

A4 - Hummocks 56 (Jashiel Daliva) def. Long Plains 24 (Lauren Wilson)

A5 - Hummocks 30 (Ezra Mae Peralta) def by. Long Plains 32 (Joanne Young)

15&U - Hummocks 33 (Alexa Young) def. Long Plains 21 (Ella Wilson) Incentive: Charlotte Hodgetts

13&UA - Hummocks 20 (Amelia Durdin) def. Long Plains 19 (Phoebe Young) Incentive: Grace Guthberg

13&UB - Hummocks 8 (Rue Madrio) def by. Long Plains 34 (Bonnie Gibson) Incentive: Rue Madrio

10&U - 10&U Hummocks 7 def. Long Plains 4 Incentive: Coby Greenshields

2023

From HW Eagles Facebook page. Follow them for the latest news!



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Yesterday's News

Kapunda Herald June 23rd, 1905.



-- SWAGMEN --

Port Wakefield- During the past few weeks we have had a large consignment of swagmen. Some of them were probably looking for work; others did not want it at any price, while a few others were about beyond work and were in a wretched state, almost destitute of clothes and food, apparently fit for the hospital.

The visitors' behaviour was exceptionally good until last Thursday evening, when a sturdy 'sundowner' in a beery state called at the residence of Mr. J. Saunders, and demanded food in a very abusive manner. On being remonstrated with, he declined to leave the place, and M.C. Jones was sent for, who ordered him to leave the town, which he made a pretext of doing, but returned and was promptly arrested, and on being searched. had nearly £2 in his possession. He was brought next morning before the mayor, and contributed 5s. towards the revenue.

Friday night, several of the fraternity primed with "pinky" congregated near the railway crossing and became so boisterous that the police were sent for, and two of the leaders were arrested. They were arraigned next morning before Mr. J. Greenshields, who ordered them to be imprisoned for 24 hours, and then to quit the town, which advice they have acted upon, the place now being free from them.

trove.nla.gov.au/newspaper/article/108434506

Quiz Questions

- 1- In fashion, what does the LBD created by Coco Chanel stand for?
- 2- What is the name of the Aussie band who finished 9th at Eurovision 2023?
- 3- Which Japanese city shares its name with both a type of beef and an NBA legend?
- 4- What historical age followed the Stone Age and the Bronze Age?
- 5- What is a baby koala called?



Park sign, USA

Port Wakefield Bait Tackle & Camping



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Next to Port Wakefield Motors.**

JOEL WILSON PLUMBING & GAS 0458 103 833

I'M A PLUMBER FOR CRYIN' OUT LOUD! I HAVE
A LICENSE TO WEAR MY PANTS THIS LOW!!



EFTPOS available

Opening hours: Tuesday, Wednesday & Thursday from 9am until 3pm, or by
appointment.



Lic No. PGE269220

ABN: 84 627 968 729

Birthdays



May

Birthstone- Emerald
Flower- Lily of the Valley

May 25- Rebecca Boumis

May 28- Blake Guerin
 Chris Robertson

May 30- Zak Butson

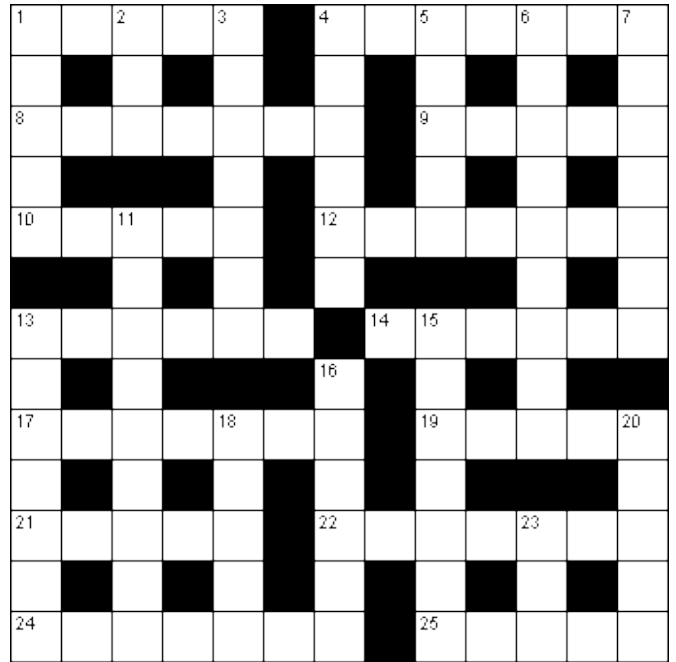
June

Birthstone- Pearl
Flower- Rose

June 1- June Bessell

June 4- Ashlee Gilgen
 Gage Boon

Crossword 48



Across

1. Prank (5)
4. Small community (7)
8. Everlasting (7)
9. Accolade (5)
10. Wear away (5)
12. Voter (7)
13. Alter or regulate (6)
14. Refuge (6)
17. Repossess (7)
19. Travel lodge (5)
21. Mound of stones used as a marker (5)
22. Sincere (7)
24. Latticework (7)
25. Herd or flock of animals (5)

Down

1. Subject (5)
2. Frozen water (3)
3. Dog houses (7)
4. Smooth fabric (6)
5. Letting contract (5)
6. Flat (9)
7. Senior (7)
11. Target (9)
13. Fruit (7)
15. Stuck (7)
16. Hot fragments from a fire (6)
18. Declare invalid (5)
20. Supple (5)
23. Self (3)

Port Wakefield Community Newsletter Committee Meeting

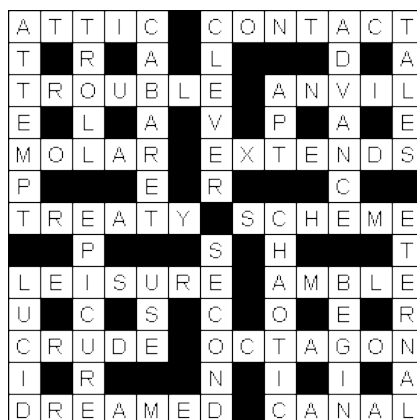
Thursday June 8th
 5:30 PM at the Newsletter Office

All welcome to attend!

Quiz Answers

- 1- Little black dress
- 2- Voyager.
- 3- Kobe.
- 4- The Iron Age
- 5- A joey.

Crossword 47 Solution



ADVERTISEMENT PRICES

Closing time Friday 3.30pm.

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|---------------------|----------------|
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| ½ PAGE | \$12.50 |
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 Jill on: 0448 709 800

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Monday 9:30am – 1:00pm

Tuesday 9:30am – 4:30pm

Wednesday 9:30 – 1:00pm

Thursday Closed

Friday 9:30am – 4:30pm

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