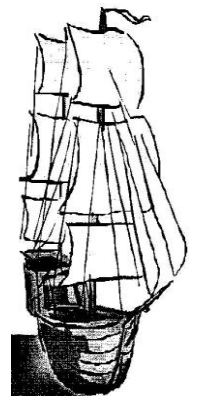


Port Wakefield Community Newsletter

Wednesday June 7th, 2023
Circulation 450

This is a Publication of the
Port Wakefield Community Newsletter Inc.
Email: p.w.news@hotmail.com
Published fortnightly



COMMUNITY CALENDAR

Monday

CFS Cadets (fortnightly) 5.00pm - 6.00pm
CFS Training 6.00pm - 8.30pm

Tuesday

Clementina Corner 10:00am-1:00pm
Men's Shed 10:00am-1:00pm
Dr Nyoni 10.15am-1pm
SA Ambulance Training 7.30pm-9.30pm
Library 10am-1pm

Wednesday

Community Bus (pension week) 9.30am

Thursday

Transfer Station Open 10am-11am

Saturday

UC Op-Shop 9.30-11.30am
Transfer Station Open 10am-12pm

Sunday

Library 12pm-1.30pm
Courthouse Museum
(2nd Sun each month) 11:30am-2:30pm
Clementina Corner
(2nd Sun each month) 11:30am-2:30pm
Transfer Station Open 9am-10am

Catholic

Mass 9am

Uniting Church (UC)

Service 10.00am

Bin Days

Yellow Bin- Thursday June 15th

Port Wakefield Tidal Swimming Pool



In preparation for the proposed dredging outlined in Council's draft 2023/24 Annual Community Plan, the Tidal Swimming Pool has been drained to allow for soil testing to be undertaken on June 6th. Normal water levels will return in the next few days once the testing is complete.

Image and text from Wakefield Regional Council Facebook page.

Thought for the day

Make it a rule of life never to regret and never look back. We all live in suspense, from day to day, from hour to hour; in other words, we are the hero of our own story. – Mary McCarthy

We acknowledge the Kaurna people as the traditional custodians of the Adelaide Plains and pay our respects to Elders past, present, and emerging.

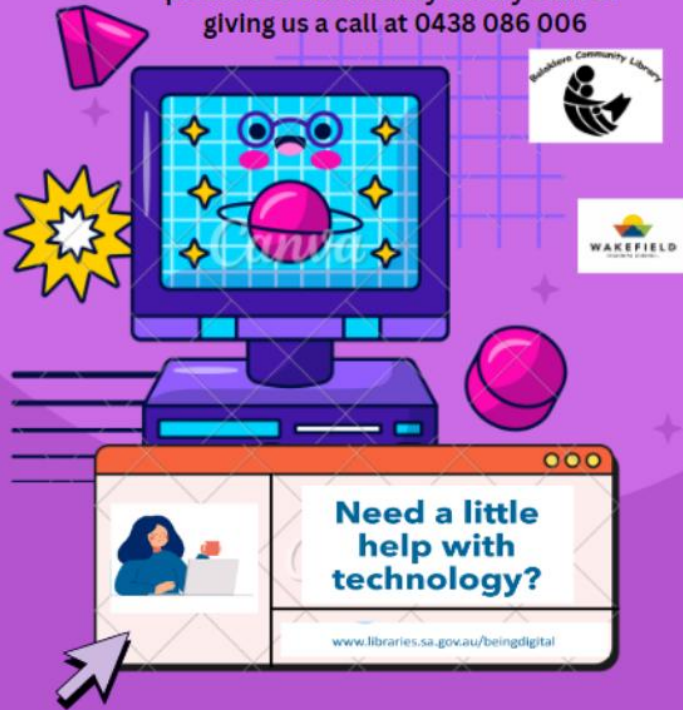
Our next issue is out on Wednesday June 21st, 2023.

News Items to be submitted by email to p.w.news@hotmail.com or to the Newsletter box in the Post Office by 9am on Tuesday June 20th.
Info Phone: Jill 0448 709 800

Balaklava Community Library are offering free Lessons on:

Wednesday 10:00-12:00
Half an hour sessions each

To register your interest please see our friendly library staff or giving us a call at 0438 086 006



TAKE ON THE CHALLENGER FOR A FULL PULL



5TH & 6TH AUGUST 2023

TWO DAY EVENT AT PRICE TOWN OVAL

FAMILY FUN WEEKEND INCLUDING - MUSIC, MARKET STALLS, SHOW N SHINE, FACE PAINTING, FOODVANS, BAR, WOOL SPINNING, SHEARING DEMO, PETTING ZOO, HORSE AND CART RIDES, KIDS ACTIVITIES, YP COMMUNITY WORKSHOPS

YP CLASSIC & VINTAGE TRACTOR PULL CLUB

Nick - 0417 840 340

Shane - 0418 804 833



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- Retaining walls ✓



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Please call Dylan on 0482516981

Dawn Hogben

Dawn sadly passed away on the 30th of May.

Her funeral will be held on Thursday 8th of June at the Catholic Church at 2:00 PM, followed by a celebration of Dawn's life at the Bowling Club

Port Wakefield CFS Annual General Meeting

July 31st, 2023
6:00 PM at the station



Port Wakefield CMC Meeting

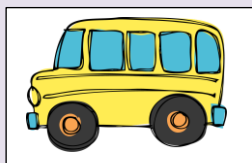
Soldiers Memorial Hall
Tuesday 13th June
New time of 6:00 PM



Community Bus

Dates for Community Bus to

Balaklava-
June 7th
June 21st



Pickup at 9:30am,
Depart Balaklava at 12:45pm

Contact Helen on 0407 671 141 to book your seat

LET'S GLOW!

Peppermint Essential Oil Benefits – Part 2...

Welcome to Part 2 of Peppermint Essential Oil Benefits

How To Use Peppermint Essential Oil

One caution... Avoid direct use of peppermint with infants and young children. Due to its high menthol content, peppermint essential oil should never be used with infants or small children as it can cause life-threatening breathing problems.

Peppermint For Concentration and Focus...Are you having trouble focusing on the task at hand? Try peppermint! Its fresh, crisp scent is a must-have in situations when mental focus and concentration are a must. Peppermint EO is a common ingredient in blends formulated to help perk you up mentally, and when combined with rosemary, it's an awesome way to fight mental fatigue!

Unblock Writer's Block...Peppermint leaves you feeling rejuvenated to keep those creative juices flowing. Simply spritz peppermint EO on your shirt before study time for improved concentration and alertness.

Focus Room Spray...Peppermint and rosemary EOs combine to make a perfect room spray for when you need to stay on task.

Peppermint For Digestive Issues...Peppermint is probably most widely known for its effectiveness when dealing with digestive problems. It contains antispasmodic properties [source] that are considered beneficial for the gastrointestinal tract [source] and make it useful for a number of digestive issues. In fact, it's my go-to oil when I'm dealing with any sort of tummy troubles in my household!

Tummy Calmer...A couple of drops of peppermint oil combined with a carrier oil (like jojoba) can be rubbed on an upset stomach, or you can even diffuse peppermint when someone is sick with nausea or vomiting.

Keep On Glowing!

Jaine Collins-Dodd



ROUND 6 ROUND UP

Despite the wet and wintry conditions, it was a great day to be an Eaglette yesterday, winning seven out of nine games, all very convincingly, against the Peckers at Balaklava. Special shout out to the under 15 netballers who scored a massive 74 goals, to the Peckers' 10. Incredible effort girls!

And co-incidentally, our A3, A4 and A5 teams all managed the same goal tally of 57 ... we're pretty sure they wouldn't be able to do that again if they tried!

Great to see five of our netball teams currently sitting in the top 4, with the A2s remaining undefeated.

Congratulations to our senior colts who were the only footy team to get over the line yesterday, and also managing to kick the highest score for the day. Thanks also to the three fill-ins from Kadina Footy Club (Mitchell Cunningham, Jai Thomson & Codie McBride) who had a bye. Unfortunately, the B grade went down in their Captain Jack (Poole's) 50th milestone game, and the A grade came 'oh-so-close' to tasting victory, with the result being determined in the final minutes of the game.

Our A grade was two points up in the dying minutes, only for the Peckers to kick a set-shot goal just before the final siren blasted. Since its 69-point win against Virginia back in round one, the A grade has shown it's up there with the rest of the comp, succumbing to narrow losses (22 pts, 33 pts, 26 pts, 24 pts and four points) in every game since.



FOOTBALL
Results **ROUND 6**
VS BALAKLAVA

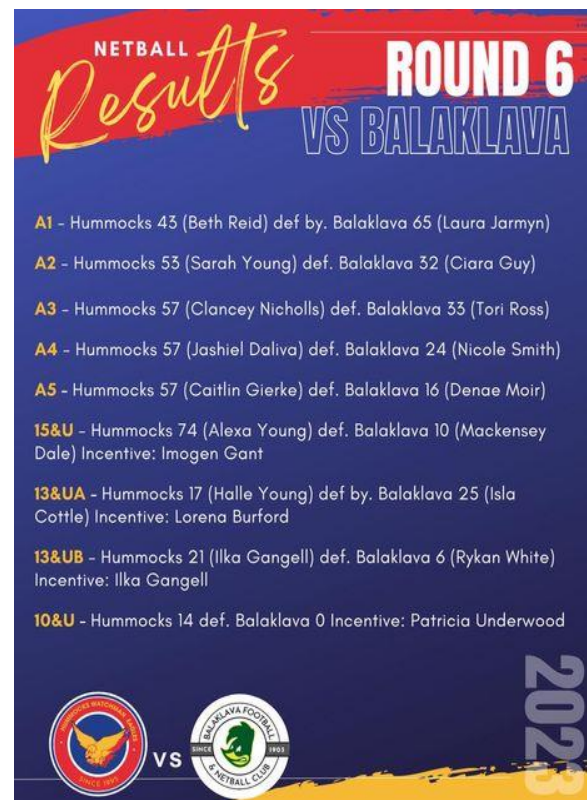
A GRADE
HW Eagles 10.5 (65) def by Balaklava 10.9 (69)
Best players: Ethan Kwaterski, Kyan Saunders, Angus Aldenhoven, Hugh Walker, Archie Yelland, Henry Wright
Goal kickers: Henry Wright 4, Ethan Kwaterski 2, Angus Aldenhoven 2, Robert Bull, Dylan Irgang, Regan Taheny

B GRADE
HW Eagles 4.5 (29) def by Balaklava 15.10 (100)
Best players: Jake Lee, Tyson Williams, Bradley Davey, Reece Rudduck, Blake Guerin, Jack Poole
Goal kickers: Brogan Page 2, Brad Higgs, Jake Lee

SENIOR COLTS
HW Eagles 13.11 (89) def Balaklava 2.5 (17)
Best players: Mitchell Cunningham, Jai Thompson, Jackson Anderson, Dylan Williams, Jake Martin, Dylan Martin
Goal kickers: Dylan Martin 3, Jai Thompson 3, Leian Millamina 2, Dylan Williams, Codie McBride, Jake Martin, Mitchell Cunningham, Michael Myers

JUNIOR COLTS
HW Eagles 0.0 (0) def by Balaklava 7.6 (48)
Best players: Kobi Collins-Dodd, Darcy Collins-Dodd, Josiah Lockwood, Rex Pallares, Jonte Burford, Anthony Reynolds
Goal kickers: -

2023



NETBALL
Results **ROUND 6**
VS BALAKLAVA

A1 - Hummocks 43 (Beth Reid) def by. Balaklava 65 (Laura Jarmyn)
A2 - Hummocks 53 (Sarah Young) def. Balaklava 32 (Ciara Guy)
A3 - Hummocks 57 (Clancey Nicholls) def. Balaklava 33 (Tori Ross)
A4 - Hummocks 57 (Jashiel Daliva) def. Balaklava 24 (Nicole Smith)
A5 - Hummocks 57 (Caitlin Gierke) def. Balaklava 16 (Denae Moir)
15&U - Hummocks 74 (Alexa Young) def. Balaklava 10 (Mackensey Dale) Incentive: Imogen Cant
13&UA - Hummocks 17 (Halle Young) def by. Balaklava 25 (Isla Cottle) Incentive: Lorena Burford
13&UB - Hummocks 21 (Ilka Gangell) def. Balaklava 6 (Rykan White) Incentive: Ilka Gangell
10&U - Hummocks 14 def. Balaklava 0 Incentive: Patricia Underwood

2023

Images and text from the HW Eagles Facebook page. Follow them for the latest news!

THE RISING SUN HOTEL

SOCIAL CLUB

AGM



**SUNDAY,
JUNE 25**

**FROM 12PM - 3PM
IN THE BEER GARDEN**



**MEETING STARTS AT 12PM
FOLLOWED BY A
ROAST CHOOK MEAL**

**OPEN TO THE
PUBLIC**



**COST FOR THE MEAL (includes
beer, wine & softdrink)**

\$20 / MEMBER

\$40 / NON-MEMBER

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\$5 / CHILD (14 AND OVER)

**RSVP BY: SUNDAY 18 JUNE
2023**



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Yesterday's News



The Kadina and Wallaroo Times June 17, 1899.



Port Wakefield, June 16.

A gentleman yesterday morning while making the usual inspection of his poultry yard discovered four prize pigeons and a tame plover dead: the cause of their deaths being due to a small but curious looking animal about 15 inches long, the head resembling that of a fox with a very sharp pointed mouth. The body not unlike that of a rat being a dark grey while the tail was very bushy at the end.

The birds each were marked where the animal had pierced them to the very heart with its sharp mouth. In endeavouring to capture the beast, a son of the gentleman, fearing it might escape and do damage in the neighbour's yard, destroyed it with a bar of iron. The body was on view at one of the principal warehouses all day, and was inspected by several experts, and received about a dozen names from a rock opossum to a weasel. It was, however, decided to send it to an expert in Adelaide to find out what it really was, the gentleman who suffered the loss taking it there himself this morning.

The weather is all that could be desired for growing purposes, but very cold at night and early morning.

trove.nla.gov.au/newspaper/article/109184732

Quiz Questions

- 1-What is the address of the UK Prime Minister?
- 2-Which was invented first: TVs, radios, or hair dryers?
- 3-Which 1979 movie featured a spaceship called the Nostromo?
- 4-What is the capital city of Peru?
- 5-Which country eats the most chocolate per capita?

Port Wakefield Community Newsletter Committee Meeting

Thursday June 8th
5:30 PM at the Newsletter Office

All welcome to attend!

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Birthdays

June



Birthstone- Pearl
Flower- Rose

June 8- Michelle Eglinton
Yianni Boumis

June 9- Mia Boumis

June 12- Lachlan Butson
Isaiah Falkstrom

June 13- Jill Ahwan

June 16- Juliet Arrowsmith

June 17- Bryanna Riley

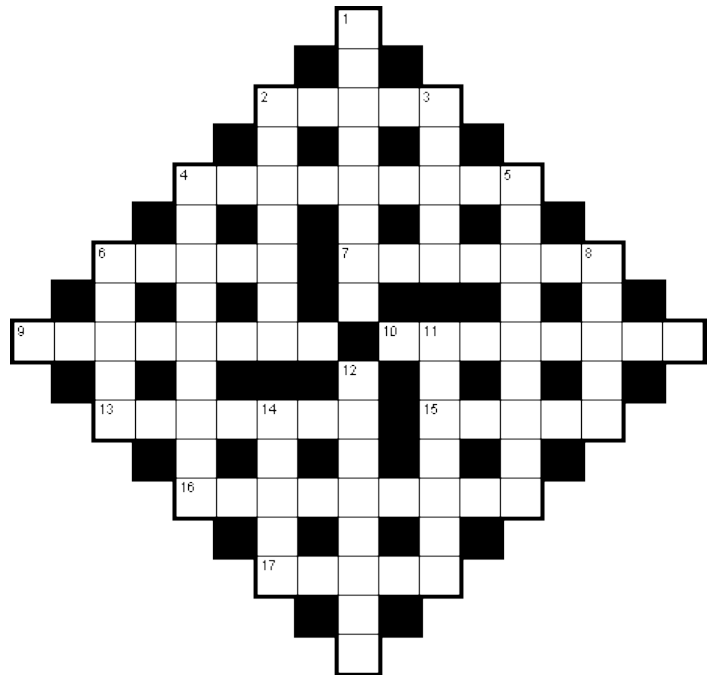
June 19- Matthew Warrander

Wedding Anniversaries

June 10- Jill and Trevor Ahwan

June 15- Bob and Pat Van Der Sman

Crossword 1



Across

- 2. Sequester (5)
- 4. Egg-laying (9)
- 6. Inexpensive (5)
- 7. Allegiance (7)
- 9. First public performance (8)
- 10. Deduct (8)
- 13. Earnest (7)
- 15. Pertaining to birds (5)
- 16. Clarify (9)
- 17. Ridge (5)

Down

- 1. Appropriate (8)
- 2. Sea captain (7)
- 3. Tropical tree (5)
- 4. Compliance (9)
- 5. Card game for one (9)
- 6. Board game (5)
- 8. Hanker (5)
- 11. Unwitting (7)
- 12. Prompted (8)
- 14. Commensurate (5)

A Public Access Automated External Defibrillator (AED) has now been installed at 24 Seven Port Wakefield (Liberty Service Station).

Cardiac arrest is one of the leading causes of death in Australia. However, early intervention with CPR and defibrillation can greatly improve survival rates. An AED is a device which is placed on a person who has had a cardiac arrest and works by delivering an electrical shock to the heart to help restore a normal rhythm. Use of an AED within the first three minutes of a cardiac arrest has shown to improve lifesaving outcomes of patients from 10% up to 70%.
(Thanks to Nicholas Karalis).

ADVERTISEMENT PRICES

Closing time Friday 3.30pm.

FULL PAGE	\$25.00
½ PAGE	\$12.50
¼ PAGE	\$ 7.50
2 or 3 lines	Free

Business Services Directory

\$150/year

**For more information, please call
Jill on: 0448 709 800**

Quiz Answers

- 1-10 Downing Street.
- 2-Hair dryers.
- 3-Alien
- 4-Lima
- 5-Switzerland

Crossword 48 Solution

T	R	I	C	K	V	I	L	L	A	G	E
H	C	E	E	E	E	P	L				
E	T	E	R	N	A	L	A	W	A	R	D
M				N	V	S	R	E			
E	R	O	D	E	E	L	E	C	T	O	R
	B			L	T			M		L	
A	D	J	U	S	T	S	A	F	E	T	Y
P		E				E		D		N	
R	E	C	L	A	I	M	H	O	T	E	L
I		T				N		B		E	
C	A	I	R	N	E	A	R	N	E	S	T
O		V				U		R	E	G	H
T	R	E	L	L	I	S	D	R	O	V	E

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422 Main North Road, Clare
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VR2948663



Monday 9:30am – 1:00pm

Tuesday 9:30am – 4:30pm

Wednesday 9:30 – 1:00pm

Thursday Closed

Friday 9:30am – 4:30pm

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